



































## Ocean Beach, outer coast, CA - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:05	5.6	6:59	3.6			12:37	1.2	7:25	5:02	
2	Mon	5:47	5.8	8:17	3.9			1:19	0.6	7:25	5:02	
3	Tue	6:29	6.0	9:17	4.2	12:19	3.1	2:07	0.1	7:25	5:03	
4	Wed	7:11	6.3	9:59	4.5	1:13	3.3	2:43	-0.4	7:25	5:04	
5	Thu	7:59	6.5	10:35	4.7	2:01	3.4	3:25	-0.8	7:25	5:05	
6	Fri	8:41	6.7	11:17	4.8	2:49	3.4	4:01	-1.1	7:25	5:06	
7	Sat	9:29	6.8	11:53	5.0	3:37	3.3	4:43	-1.4	7:25	5:07	
8	Sun	10:11	6.8			4:19	3.1	5:25	-1.4	7:25	5:08	
9	Mon	12:23	5.1	10:59 AM	6.7	5:07	2.8	6:01	-1.3	7:25	5:09	
10	Tue	12:59	5.3	11:53 AM	6.3	6:01	2.5	6:43	-0.9	7:25	5:10	
11	Wed	1:41	5.5	12:47	5.7	7:01	2.2	7:25	-0.4	7:25	5:11	
12	Thu	2:17	5.7	1:47	5.0	8:07	1.9	8:07	0.4	7:24	5:12	
13	Fri	2:59	5.9	3:05	4.4	9:19	1.5	8:55	1.2	7:24	5:13	
14	Sat	3:41	6.2	4:41	3.9	10:37	1.0	9:49	2.0	7:24	5:14	
15	Sun	4:29	6.3	6:29	3.9	11:55	0.5	10:55	2.6	7:24	5:15	
16	Mon	5:23	6.5	7:59	4.2			1:01	-0.1	7:23	5:16	
17	Tue	6:17	6.6	8:59	4.6	12:07	3.1	1:55	-0.5	7:23	5:17	
18	Wed	7:11	6.6	9:53	4.9	1:13	3.2	2:49	-0.7	7:22	5:18	
19	Thu	8:05	6.6	10:35	5.0	2:13	3.2	3:31	-0.9	7:22	5:19	
20	Fri	8:53	6.6	11:11	5.1	3:07	3.1	4:13	-0.9	7:21	5:20	
21	Sat	9:35	6.4	11:47	5.1	3:55	2.9	4:49	-0.8	7:21	5:21	
22	Sun	10:17	6.2			4:37	2.8	5:19	-0.7	7:20	5:22	
23	Mon	12:17	5.1	10:59 AM	5.9	5:19	2.6	5:55	-0.4	7:20	5:23	
24	Tue	12:47	5.1	11:35 AM	5.6	6:01	2.4	6:25	0.0	7:19	5:24	
25	Wed	1:11	5.1	12:17	5.1	6:43	2.3	6:49	0.4	7:19	5:26	
26	Thu	1:41	5.2	12:59	4.6	7:31	2.1	7:19	1.0	7:18	5:27	
27	Fri	2:05	5.3	1:53	4.1	8:25	1.9	7:49	1.6	7:17	5:28	
28	Sat	2:35	5.4	2:59	3.7	9:25	1.7	8:25	2.2	7:16	5:29	
29	Sun	3:11	5.5	4:47	3.4	10:31	1.4	9:07	2.8	7:16	5:30	
30	Mon	3:59	5.6	6:53	3.6	11:37	1.1	10:13	3.2	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	4:47	5.7	8:17	3.9			12:37	0.6	7:14	5:32	