

































Ocean Beach, outer coast, CA - Mar 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:57	5.4	7:45	4.0	11:50	0.4	11:17	3.5	6:40	6:03	
2	Thu	5:08	5.6	8:23	4.3			12:52	0.0	6:39	6:04	
3	Fri	6:16	5.8	8:54	4.5	12:35	3.3	1:44	-0.4	6:38	6:05	
4	Sat	7:17	6.1	9:23	4.8	1:32	2.9	2:28	-0.7	6:36	6:06	
5	Sun	8:13	6.3	9:53	5.1	2:22	2.4	3:09	-0.9	6:35	6:07	
6	Mon	9:08	6.4	10:23	5.5	3:10	1.8	3:48	-0.8	6:33	6:08	
7	Tue	10:01	6.3	10:54	5.8	3:58	1.1	4:26	-0.5	6:32	6:09	
8	Wed	10:56	6.0	11:27	6.1	4:47	0.5	5:04	0.0	6:30	6:10	
9	Thu	11:53	5.6			5:37	0.1	5:43	0.6	6:29	6:11	
10	Fri	12:02	6.4	12:54	5.1	6:30	-0.2	6:23	1.3	6:27	6:12	
11	Sat	12:40	6.4	2:02	4.6	7:26	-0.3	7:08	2.0	6:26	6:13	
12	Sun	1:23	6.4	3:23	4.2	8:29	-0.2	8:02	2.7	6:24	6:14	
13	Mon	2:14	6.1	4:59	4.2	9:41	-0.1	9:16	3.1	6:23	6:15	
14	Tue	3:15	5.8	6:27	4.3	11:00	0.0	10:52	3.3	6:21	6:16	
15	Wed	4:28	5.6	7:30	4.6			12:14	0.0	6:20	6:17	
16	Thu	5:43	5.4	8:16	4.8	12:17	3.1	1:16	-0.1	6:18	6:18	
17	Fri	6:50	5.4	8:54	5.0	1:21	2.7	2:04	-0.1	6:17	6:19	
18	Sat	7:47	5.4	9:25	5.1	2:12	2.3	2:44	-0.1	6:15	6:20	
19	Sun	8:36	5.4	9:52	5.1	2:55	1.9	3:17	0.1	6:14	6:21	
20	Mon	9:20	5.2	10:15	5.2	3:33	1.5	3:46	0.3	6:12	6:21	
21	Tue	10:02	5.1	10:35	5.3	4:08	1.2	4:13	0.6	6:11	6:22	
22	Wed	10:42	4.9	10:56	5.4	4:41	0.9	4:39	1.0	6:09	6:23	
23	Thu	11:23	4.7	11:17	5.5	5:13	0.6	5:04	1.4	6:08	6:24	
24	Fri			12:06	4.5	5:46	0.4	5:31	1.9	6:06	6:25	
25	Sat			12:53	4.3	6:21	0.3	5:58	2.3	6:05	6:26	
26	Sun	12:07	5.6	1:47	4.0	7:00	0.2	6:28	2.7	6:03	6:27	
27	Mon	12:39	5.5	2:54	3.8	7:46	0.2	7:04	3.0	6:02	6:28	
28	Tue	1:19	5.4	4:22	3.8	8:42	0.3	7:56	3.3	6:00	6:29	
29	Wed	2:11	5.3	5:53	3.9	9:50	0.2	9:26	3.5	5:59	6:30	
30	Thu	3:19	5.2	6:51	4.1	11:02	0.1	11:08	3.3	5:57	6:31	
31	Fri	4:36	5.2	7:29	4.4			12:07	-0.2	5:56	6:32	