





## Ocean Beach, outer coast, CA - Nov 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:53	4.5	11:07 AM	5.9	5:17	3.3	6:20	-0.2	6:35	5:11	●
2	Thu	1:43	4.5	11:44 AM	5.8	5:54	3.5	7:03	-0.1	6:36	5:10	◐
3	Fri	2:39	4.4	12:27	5.6	6:39	3.6	7:52	-0.1	6:37	5:09	◑
4	Sat	3:39	4.4	1:19	5.3	7:42	3.7	8:48	0.0	6:38	5:08	◒
5	Sun	4:35	4.5	2:24	5.1	9:08	3.6	9:48	0.1	6:39	5:07	◓
6	Mon	5:22	4.7	3:40	4.9	10:37	3.2	10:47	0.3	6:41	5:06	◔
7	Tue	6:01	5.0	5:02	4.7	11:47	2.6	11:41	0.4	6:42	5:05	◕
8	Wed	6:35	5.4	6:21	4.7			12:43	1.8	6:43	5:04	◖
9	Thu	7:08	5.8	7:34	4.8	12:30	0.7	1:33	0.9	6:44	5:03	◗
10	Fri	7:42	6.3	8:41	5.0	1:17	1.1	2:20	0.0	6:45	5:02	◘
11	Sat	8:17	6.7	9:45	5.1	2:02	1.6	3:07	-0.7	6:46	5:01	◙
12	Sun	8:55	7.0	10:45	5.2	2:47	2.0	3:54	-1.3	6:47	5:01	◚
13	Mon	9:35	7.2	11:43	5.2	3:34	2.5	4:42	-1.6	6:48	5:00	◛
14	Tue	10:19	7.2			4:22	2.8	5:32	-1.6	6:49	4:59	◜
15	Wed	12:41	5.1	11:07 AM	6.9	5:14	3.1	6:23	-1.4	6:50	4:58	◝
16	Thu	1:39	5.1	11:57 AM	6.6	6:12	3.2	7:16	-1.1	6:51	4:58	◞
17	Fri	2:38	5.0	12:52	6.1	7:19	3.3	8:13	-0.6	6:52	4:57	◟
18	Sat	3:37	5.0	1:53	5.5	8:37	3.2	9:11	-0.2	6:53	4:56	◠
19	Sun	4:33	5.1	3:02	4.9	10:01	3.0	10:09	0.3	6:54	4:56	◡
20	Mon	5:23	5.2	4:20	4.5	11:17	2.5	11:05	0.7	6:55	4:55	◢
21	Tue	6:06	5.4	5:42	4.2			12:21	2.0	6:56	4:55	◣
22	Wed	6:41	5.6	6:59	4.1			1:14	1.4	6:58	4:54	◤
23	Thu	7:12	5.7	8:07	4.2	12:41	1.6	1:59	0.8	6:59	4:54	◥
24	Fri	7:40	5.9	9:05	4.3	1:22	2.0	2:37	0.4	7:00	4:53	◦
25	Sat	8:06	6.0	9:57	4.5	2:00	2.4	3:12	0.0	7:01	4:53	◧
26	Sun	8:34	6.1	10:43	4.6	2:37	2.8	3:45	-0.3	7:02	4:52	◨
27	Mon	9:03	6.2	11:26	4.6	3:13	3.1	4:18	-0.4	7:03	4:52	◩
28	Tue	9:35	6.2			3:48	3.3	4:51	-0.6	7:04	4:52	◪
29	Wed	12:07	4.7	10:09 AM	6.2	4:24	3.4	5:26	-0.6	7:05	4:51	◫

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>30</b>	Thu	<b>12:48</b>	4.7	<b>10:46 AM</b>	6.1	<b>5:01</b>	3.5	<b>6:04</b>	-0.7	7:06	4:51	