





## Ocean Beach, outer coast, CA - Dec 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:30	4.6	11:26 AM	5.9	5:43	3.5	6:44	-0.6	7:06	4:51	☀
2	Sat	2:13	4.7	12:10	5.7	6:32	3.5	7:27	-0.5	7:07	4:51	🌙
3	Sun	2:56	4.7	1:00	5.4	7:32	3.4	8:14	-0.3	7:08	4:51	🌙
4	Mon	3:39	4.9	2:01	5.0	8:47	3.2	9:03	0.0	7:09	4:51	🌙
5	Tue	4:20	5.1	3:17	4.5	10:07	2.7	9:55	0.5	7:10	4:51	🌙
6	Wed	4:59	5.5	4:46	4.2	11:21	2.0	10:49	1.0	7:11	4:51	🌙
7	Thu	5:39	5.9	6:18	4.1			12:23	1.1	7:12	4:51	🌙
8	Fri	6:18	6.3	7:42	4.3			1:18	0.2	7:13	4:51	🌙
9	Sat	6:59	6.7	8:53	4.6	12:37	2.1	2:09	-0.6	7:13	4:51	☀
10	Sun	7:42	7.0	9:55	4.8	1:31	2.5	2:57	-1.2	7:14	4:51	☀
11	Mon	8:27	7.2	10:51	5.0	2:24	2.8	3:45	-1.5	7:15	4:51	☀
12	Tue	9:14	7.3	11:42	5.1	3:17	3.0	4:33	-1.7	7:16	4:51	☀
13	Wed	10:03	7.2			4:10	3.1	5:20	-1.6	7:17	4:51	☀
14	Thu	12:31	5.2	10:52 AM	6.9	5:05	3.1	6:07	-1.4	7:17	4:52	☀
15	Fri	1:19	5.2	11:41 AM	6.4	6:02	3.1	6:54	-1.0	7:18	4:52	☀
16	Sat	2:05	5.2	12:32	5.9	7:03	3.0	7:39	-0.6	7:19	4:52	🌙
17	Sun	2:51	5.2	1:26	5.3	8:10	2.9	8:25	0.0	7:19	4:53	🌙
18	Mon	3:35	5.2	2:26	4.6	9:23	2.6	9:11	0.6	7:20	4:53	🌙
19	Tue	4:18	5.3	3:41	4.0	10:37	2.2	9:59	1.2	7:20	4:53	🌙
20	Wed	4:57	5.4	5:12	3.7	11:44	1.8	10:50	1.8	7:21	4:54	🌙
21	Thu	5:35	5.6	6:49	3.7			12:42	1.2	7:21	4:54	🌙
22	Fri	6:10	5.7	8:10	3.9			1:31	0.7	7:22	4:55	🌙
23	Sat	6:46	5.9	9:11	4.2	12:35	2.8	2:13	0.3	7:22	4:55	🌙
24	Sun	7:22	6.1	9:59	4.4	1:25	3.1	2:51	-0.1	7:23	4:56	☀
25	Mon	7:59	6.2	10:40	4.6	2:11	3.3	3:27	-0.4	7:23	4:57	☀
26	Tue	8:37	6.3	11:16	4.7	2:53	3.4	4:02	-0.6	7:24	4:57	☀
27	Wed	9:16	6.4	11:50	4.8	3:33	3.4	4:36	-0.8	7:24	4:58	☀
28	Thu	9:55	6.4			4:11	3.4	5:11	-0.9	7:24	4:58	☀
29	Fri	12:24	4.8	10:35 AM	6.3	4:50	3.3	5:46	-0.9	7:24	4:59	☀
30	Sat	12:58	4.9	11:16 AM	6.1	5:33	3.1	6:23	-0.9	7:25	5:00	☀

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Sun	<b>1:31</b>	5.0	<b>12:01</b>	5.8	<b>6:22</b>	3.0	<b>6:57</b>	-0.6	7:25	5:01	