






























Ocean Beach, outer coast, CA - Feb 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:23	6.1	3:17	4.1	9:05	0.9	8:29	1.9	7:13	5:33	
2	Fri	3:09	6.2	5:01	3.8	10:21	0.6	9:28	2.6	7:12	5:34	
3	Sat	4:03	6.3	6:47	4.0	11:39	0.2	10:45	3.1	7:12	5:35	
4	Sun	5:06	6.4	8:03	4.3			12:50	-0.2	7:11	5:36	
5	Mon	6:12	6.5	8:57	4.7	12:09	3.2	1:50	-0.6	7:10	5:37	
6	Tue	7:14	6.6	9:41	5.0	1:22	3.1	2:41	-0.8	7:09	5:39	
7	Wed	8:11	6.6	10:19	5.2	2:22	2.9	3:26	-0.9	7:08	5:40	
8	Thu	9:03	6.5	10:54	5.3	3:15	2.5	4:06	-0.9	7:07	5:41	
9	Fri	9:50	6.4	11:27	5.4	4:03	2.2	4:43	-0.7	7:06	5:42	
10	Sat	10:35	6.1	11:57	5.5	4:48	1.9	5:16	-0.4	7:05	5:43	
11	Sun	11:19	5.7			5:32	1.7	5:48	0.0	7:04	5:44	
12	Mon	12:26	5.5	12:03	5.2	6:15	1.5	6:19	0.5	7:02	5:45	
13	Tue	12:53	5.5	12:49	4.7	6:59	1.4	6:49	1.1	7:01	5:46	
14	Wed	1:20	5.5	1:41	4.2	7:47	1.3	7:21	1.8	7:00	5:47	
15	Thu	1:50	5.5	2:46	3.8	8:40	1.2	7:55	2.4	6:59	5:48	
16	Fri	2:25	5.5	4:20	3.6	9:42	1.2	8:37	2.9	6:58	5:50	
17	Sat	3:09	5.4	6:29	3.6	10:52	1.0	9:48	3.3	6:57	5:51	
18	Sun	4:05	5.4	7:51	3.9			12:02	0.8	6:55	5:52	
19	Mon	5:08	5.4	8:32	4.2			1:01	0.4	6:54	5:53	
20	Tue	6:11	5.6	9:03	4.4	12:38	3.4	1:49	0.1	6:53	5:54	
21	Wed	7:06	5.8	9:30	4.6	1:32	3.2	2:30	-0.2	6:52	5:55	
22	Thu	7:57	6.0	9:56	4.8	2:16	2.9	3:06	-0.5	6:50	5:56	
23	Fri	8:44	6.1	10:23	5.0	2:57	2.5	3:40	-0.6	6:49	5:57	
24	Sat	9:31	6.2	10:50	5.3	3:37	2.0	4:13	-0.6	6:48	5:58	
25	Sun	10:18	6.1	11:18	5.6	4:19	1.5	4:46	-0.4	6:46	5:59	
26	Mon	11:08	5.8	11:48	5.9	5:03	1.0	5:21	0.1	6:45	6:00	
27	Tue			12:01	5.4	5:50	0.6	5:57	0.6	6:44	6:01	
28	Wed	12:21	6.1	1:00	4.9	6:41	0.3	6:35	1.3	6:42	6:02	