US HARBORS www.USHarbors.com

Ocean Beach, outer coast, CA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**7:28**	3.6	**6:45**	5.8	**1:17**	1.1	**12:15**	2.4	5:51	8:35	
2	Mon	**8:54**	3.8	**7:25**	5.9	**2:11**	0.6	**1:12**	2.8	5:52	8:35	
3	Tue	**9:59**	4.1	**8:05**	6.0	**2:58**	0.2	**2:06**	3.1	5:52	8:35	
4	Wed	**10:49**	4.3	**8:45**	6.1	**3:39**	-0.1	**2:56**	3.3	5:53	8:35	
5	Thu	**11:29**	4.5	**9:25**	6.2	**4:17**	-0.3	**3:41**	3.3	5:53	8:35	
6	Fri			**12:05**	4.6	**4:53**	-0.5	**4:22**	3.3	5:54	8:35	
7	Sat			**12:37**	4.7	**5:27**	-0.6	**5:00**	3.3	5:54	8:34	
8	Sun			**1:07**	4.8	**6:00**	-0.7	**5:39**	3.1	5:55	8:34	
9	Mon			**1:37**	4.9	**6:32**	-0.8	**6:20**	3.0	5:56	8:34	
10	Tue	**12:03**	6.0	**2:07**	5.0	**7:05**	-0.7	**7:04**	2.8	5:56	8:33	
11	Wed	**12:45**	5.8	**2:38**	5.2	**7:39**	-0.5	**7:54**	2.6	5:57	8:33	
12	Thu	**1:31**	5.4	**3:11**	5.4	**8:14**	-0.1	**8:52**	2.3	5:58	8:33	
13	Fri	**2:25**	4.9	**3:45**	5.7	**8:52**	0.4	**9:56**	1.9	5:58	8:32	
14	Sat	**3:33**	4.3	**4:24**	5.9	**9:34**	1.1	**11:07**	1.4	5:59	8:32	
15	Sun	**5:01**	3.9	**5:08**	6.2	**10:23**	1.8			6:00	8:31	
16	Mon	**6:44**	3.8	**5:57**	6.5	**12:18**	0.8	**11:21 AM**	2.4	6:00	8:31	
17	Tue	**8:20**	4.0	**6:52**	6.7	**1:25**	0.1	**12:28**	2.9	6:01	8:30	
18	Wed	**9:33**	4.3	**7:49**	7.0	**2:26**	-0.4	**1:38**	3.1	6:02	8:30	
19	Thu	**10:29**	4.7	**8:46**	7.1	**3:21**	-0.9	**2:43**	3.1	6:03	8:29	
20	Fri	**11:16**	4.9	**9:41**	7.2	**4:12**	-1.2	**3:42**	3.0	6:03	8:28	
21	Sat	**11:59**	5.1	**10:33**	7.1	**4:59**	-1.3	**4:39**	2.8	6:04	8:28	
22	Sun			**12:39**	5.3	**5:43**	-1.3	**5:33**	2.6	6:05	8:27	
23	Mon			**1:17**	5.4	**6:25**	-1.0	**6:26**	2.3	6:06	8:26	
24	Tue	**12:14**	6.4	**1:54**	5.5	**7:04**	-0.7	**7:20**	2.1	6:07	8:26	
25	Wed	**1:03**	5.8	**2:29**	5.6	**7:42**	-0.1	**8:16**	2.0	6:07	8:25	
26	Thu	**1:54**	5.2	**3:04**	5.7	**8:19**	0.5	**9:14**	1.8	6:08	8:24	
27	Fri	**2:51**	4.6	**3:40**	5.7	**8:57**	1.2	**10:17**	1.6	6:09	8:23	
28	Sat	**3:59**	4.1	**4:18**	5.7	**9:38**	1.9	**11:24**	1.4	6:10	8:22	
29	Sun	**5:29**	3.7	**5:00**	5.7	**10:27**	2.5			6:11	8:21	
30	Mon	**7:20**	3.8	**5:47**	5.8	**12:30**	1.1	**11:30 AM**	3.0	6:11	8:20	
31	Tue	**8:48**	4.0	**6:38**	5.8	**1:32**	0.8	**12:42**	3.4	6:12	8:20	