US HARBORS www.USHarbors.com

Ocean Beach, outer coast, CA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**9:44**	4.3	**7:30**	5.9	**2:25**	0.5	**1:46**	3.5	6:13	8:19	
2	Thu	**10:25**	4.5	**8:19**	6.1	**3:11**	0.2	**2:39**	3.4	6:14	8:18	
3	Fri	**10:57**	4.6	**9:05**	6.2	**3:51**	0.0	**3:24**	3.3	6:15	8:17	
4	Sat	**11:27**	4.7	**9:47**	6.3	**4:27**	-0.3	**4:04**	3.1	6:16	8:16	
5	Sun	**11:54**	4.9	**10:29**	6.3	**4:59**	-0.4	**4:42**	2.9	6:17	8:15	
6	Mon			**12:21**	5.0	**5:31**	-0.5	**5:20**	2.6	6:17	8:13	
7	Tue			**12:48**	5.2	**6:02**	-0.4	**6:01**	2.3	6:18	8:12	
8	Wed			**1:16**	5.5	**6:33**	-0.2	**6:45**	2.0	6:19	8:11	
9	Thu	**12:39**	5.7	**1:45**	5.7	**7:06**	0.1	**7:33**	1.7	6:20	8:10	
10	Fri	**1:30**	5.3	**2:17**	5.9	**7:40**	0.7	**8:28**	1.3	6:21	8:09	
11	Sat	**2:29**	4.8	**2:54**	6.1	**8:18**	1.3	**9:29**	1.0	6:22	8:08	
12	Sun	**3:43**	4.3	**3:36**	6.3	**9:01**	2.0	**10:39**	0.8	6:23	8:07	
13	Mon	**5:16**	4.0	**4:28**	6.4	**9:55**	2.6	**11:56**	0.4	6:23	8:05	
14	Tue	**7:00**	4.0	**5:29**	6.5	**11:05**	3.1			6:24	8:04	
15	Wed	**8:25**	4.3	**6:36**	6.6	**1:09**	0.1	**12:28**	3.3	6:25	8:03	
16	Thu	**9:23**	4.7	**7:41**	6.7	**2:14**	-0.3	**1:44**	3.2	6:26	8:02	
17	Fri	**10:09**	5.0	**8:42**	6.8	**3:09**	-0.6	**2:48**	2.9	6:27	8:00	
18	Sat	**10:49**	5.2	**9:37**	6.8	**3:57**	-0.7	**3:44**	2.6	6:28	7:59	
19	Sun	**11:26**	5.4	**10:29**	6.6	**4:40**	-0.7	**4:35**	2.2	6:29	7:58	
20	Mon			**12:00**	5.5	**5:19**	-0.5	**5:23**	1.9	6:29	7:56	
21	Tue			**12:33**	5.7	**5:55**	-0.2	**6:10**	1.6	6:30	7:55	
22	Wed	**12:05**	5.9	**1:03**	5.7	**6:30**	0.3	**6:56**	1.4	6:31	7:54	
23	Thu	**12:53**	5.5	**1:33**	5.8	**7:03**	0.8	**7:42**	1.3	6:32	7:52	
24	Fri	**1:43**	5.0	**2:02**	5.8	**7:37**	1.4	**8:30**	1.2	6:33	7:51	
25	Sat	**2:38**	4.5	**2:34**	5.7	**8:12**	2.1	**9:23**	1.2	6:34	7:49	
26	Sun	**3:44**	4.1	**3:10**	5.7	**8:51**	2.6	**10:24**	1.2	6:35	7:48	
27	Mon	**5:13**	3.9	**3:55**	5.6	**9:41**	3.1	**11:33**	1.1	6:35	7:47	
28	Tue	**7:04**	4.0	**4:51**	5.5	**10:56**	3.5			6:36	7:45	
29	Wed	**8:23**	4.2	**5:55**	5.5	**12:43**	1.0	**12:24**	3.6	6:37	7:44	
30	Thu	**9:09**	4.4	**6:57**	5.6	**1:43**	0.7	**1:31**	3.5	6:38	7:42	
31	Fri	**9:42**	4.6	**7:53**	5.8	**2:32**	0.4	**2:23**	3.2	6:39	7:41	