
































Ocean Beach, outer coast, CA - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:09	4.8	8:43	6.0	3:13	0.2	3:05	2.9	6:40	7:39	
2	Sun	10:35	4.9	9:29	6.1	3:48	0.0	3:44	2.5	6:40	7:38	
3	Mon	11:00	5.1	10:15	6.1	4:21	-0.1	4:22	2.1	6:41	7:36	
4	Tue	11:26	5.4	11:01	6.0	4:53	0.0	5:00	1.7	6:42	7:35	
5	Wed	11:53	5.7	11:49	5.8	5:24	0.2	5:42	1.2	6:43	7:33	
6	Thu			12:22	6.0	5:57	0.6	6:26	0.8	6:44	7:32	
7	Fri	12:40	5.5	12:53	6.2	6:32	1.1	7:14	0.5	6:45	7:30	
8	Sat	1:37	5.2	1:28	6.4	7:09	1.6	8:07	0.3	6:46	7:29	
9	Sun	2:42	4.8	2:09	6.4	7:51	2.2	9:07	0.2	6:46	7:27	
10	Mon	3:59	4.4	2:59	6.4	8:40	2.8	10:17	0.2	6:47	7:26	
11	Tue	5:31	4.3	4:00	6.3	9:47	3.2	11:35	0.1	6:48	7:24	
12	Wed	7:00	4.4	5:13	6.1	11:17	3.4			6:49	7:23	
13	Thu	8:07	4.7	6:28	6.1	12:51	0.0	12:45	3.2	6:50	7:21	
14	Fri	8:56	5.0	7:38	6.1	1:55	-0.1	1:56	2.8	6:51	7:20	
15	Sat	9:36	5.3	8:40	6.1	2:48	-0.2	2:53	2.3	6:51	7:18	
16	Sun	10:12	5.5	9:35	6.0	3:32	-0.1	3:43	1.8	6:52	7:16	
17	Mon	10:45	5.7	10:26	5.9	4:11	0.1	4:29	1.4	6:53	7:15	
18	Tue	11:15	5.8	11:15	5.6	4:46	0.4	5:11	1.0	6:54	7:13	
19	Wed	11:43	5.9			5:20	0.8	5:51	0.8	6:55	7:12	
20	Thu	12:02	5.4	12:09	5.9	5:52	1.3	6:30	0.6	6:56	7:10	
21	Fri	12:50	5.1	12:35	5.9	6:24	1.8	7:09	0.5	6:57	7:09	
22	Sat	1:39	4.8	1:02	5.8	6:57	2.3	7:50	0.6	6:57	7:07	
23	Sun	2:33	4.5	1:33	5.7	7:32	2.8	8:35	0.6	6:58	7:06	
24	Mon	3:36	4.3	2:11	5.5	8:12	3.2	9:29	0.8	6:59	7:04	
25	Tue	4:56	4.1	2:58	5.4	9:06	3.5	10:33	0.9	7:00	7:02	
26	Wed	6:28	4.2	3:59	5.2	10:32	3.7	11:44	0.8	7:01	7:01	
27	Thu	7:34	4.3	5:10	5.1			12:05	3.6	7:02	6:59	
28	Fri	8:15	4.5	6:20	5.2	12:48	0.7	1:11	3.3	7:03	6:58	
29	Sat	8:45	4.7	7:23	5.3	1:40	0.5	2:01	2.9	7:03	6:56	
30	Sun	9:11	5.0	8:19	5.4	2:23	0.4	2:43	2.3	7:04	6:55	