

































Ocean Beach, outer coast, CA - Oct 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:37	5.2	9:12	5.6	3:00	0.4	3:22	1.8	7:05	6:53	
2	Tue	10:03	5.6	10:04	5.6	3:35	0.4	4:01	1.2	7:06	6:52	
3	Wed	10:30	5.9	10:56	5.6	4:10	0.7	4:41	0.6	7:07	6:50	
4	Thu	11:00	6.2	11:50	5.5	4:45	1.1	5:23	0.0	7:08	6:49	
5	Fri	11:32	6.5			5:22	1.5	6:08	-0.4	7:09	6:47	
6	Sat	12:47	5.3	12:08	6.7	6:01	2.0	6:57	-0.7	7:10	6:46	
7	Sun	1:47	5.0	12:49	6.7	6:44	2.5	7:50	-0.7	7:11	6:44	
8	Mon	2:54	4.8	1:37	6.6	7:33	2.9	8:50	-0.6	7:11	6:43	
9	Tue	4:07	4.7	2:34	6.3	8:34	3.2	9:58	-0.3	7:12	6:41	
10	Wed	5:26	4.7	3:42	6.0	9:56	3.4	11:12	-0.1	7:13	6:40	
11	Thu	6:36	4.8	5:00	5.6	11:32	3.2			7:14	6:38	
12	Fri	7:33	5.1	6:19	5.4	12:23	0.0	12:53	2.8	7:15	6:37	
13	Sat	8:18	5.3	7:32	5.3	1:24	0.1	1:58	2.2	7:16	6:35	
14	Sun	8:56	5.6	8:37	5.3	2:14	0.3	2:51	1.6	7:17	6:34	
15	Mon	9:30	5.8	9:35	5.2	2:57	0.6	3:37	1.0	7:18	6:33	
16	Tue	10:00	5.9	10:28	5.1	3:35	1.0	4:19	0.6	7:19	6:31	
17	Wed	10:27	6.0	11:18	5.0	4:10	1.4	4:57	0.3	7:20	6:30	
18	Thu	10:53	6.1			4:44	1.8	5:32	0.0	7:21	6:28	
19	Fri	12:06	4.9	11:18 AM	6.0	5:17	2.3	6:07	-0.1	7:22	6:27	
20	Sat	12:53	4.8	11:45 AM	6.0	5:51	2.7	6:42	-0.1	7:23	6:26	
21	Sun	1:41	4.7	12:13	5.9	6:25	3.0	7:19	0.0	7:24	6:25	
22	Mon	2:31	4.5	12:47	5.7	7:02	3.3	8:00	0.1	7:25	6:23	
23	Tue	3:26	4.4	1:26	5.5	7:44	3.5	8:48	0.3	7:26	6:22	
24	Wed	4:29	4.3	2:14	5.3	8:40	3.6	9:42	0.4	7:27	6:21	
25	Thu	5:33	4.3	3:12	5.0	10:02	3.6	10:42	0.5	7:28	6:19	
26	Fri	6:27	4.5	4:22	4.8	11:32	3.4	11:42	0.6	7:29	6:18	
27	Sat	7:07	4.7	5:37	4.7			12:40	3.0	7:30	6:17	
28	Sun	6:39	4.9	5:50	4.7	12:36	0.6	12:33	2.4	6:31	5:16	
29	Mon	7:09	5.3	6:57	4.8	12:23	0.7	1:17	1.7	6:32	5:15	
30	Tue	7:38	5.7	8:00	4.9	1:06	0.9	1:59	1.0	6:33	5:14	
31	Wed	8:07	6.1	9:00	5.0	1:47	1.2	2:40	0.2	6:34	5:12	