

































Ocean Beach, outer coast, CA - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:14	6.2	9:06	4.6	1:03	2.4	2:27	0.1	7:25	5:01	
2	Tue	7:54	6.3	9:53	4.7	1:53	2.6	3:07	-0.2	7:25	5:02	
3	Wed	8:32	6.3	10:34	4.8	2:39	2.7	3:42	-0.3	7:25	5:03	
4	Thu	9:08	6.2	11:10	4.9	3:21	2.8	4:15	-0.4	7:25	5:04	
5	Fri	9:43	6.2	11:43	4.9	4:00	2.8	4:46	-0.4	7:25	5:04	
6	Sat	10:18	6.1			4:38	2.8	5:17	-0.4	7:25	5:05	
7	Sun	12:14	5.0	10:53 AM	5.9	5:14	2.7	5:47	-0.3	7:25	5:06	
8	Mon	12:45	5.0	11:30 AM	5.7	5:53	2.7	6:18	-0.1	7:25	5:07	
9	Tue	1:17	5.1	12:08	5.4	6:34	2.6	6:51	0.1	7:25	5:08	
10	Wed	1:50	5.2	12:52	5.0	7:21	2.5	7:27	0.4	7:25	5:09	
11	Thu	2:26	5.3	1:43	4.6	8:15	2.3	8:07	0.8	7:25	5:10	
12	Fri	3:05	5.4	2:49	4.2	9:19	2.1	8:53	1.3	7:25	5:11	
13	Sat	3:49	5.6	4:15	3.9	10:29	1.7	9:48	1.8	7:24	5:12	
14	Sun	4:37	5.8	5:50	3.9	11:36	1.1	10:51	2.2	7:24	5:13	
15	Mon	5:29	6.1	7:15	4.1			12:37	0.5	7:24	5:14	
16	Tue	6:22	6.4	8:21	4.4			1:32	-0.2	7:23	5:15	
17	Wed	7:15	6.7	9:15	4.8	1:02	2.5	2:22	-0.7	7:23	5:16	
18	Thu	8:08	7.0	10:03	5.1	2:01	2.5	3:11	-1.1	7:23	5:17	
19	Fri	9:00	7.1	10:48	5.4	2:56	2.4	3:57	-1.4	7:22	5:18	
20	Sat	9:51	7.1	11:31	5.6	3:50	2.2	4:43	-1.4	7:22	5:19	
21	Sun	10:43	6.9			4:44	2.0	5:27	-1.2	7:21	5:20	
22	Mon	12:14	5.8	11:35 AM	6.5	5:39	1.8	6:11	-0.9	7:21	5:21	
23	Tue	12:56	5.9	12:29	6.0	6:35	1.6	6:56	-0.4	7:20	5:23	
24	Wed	1:40	6.0	1:26	5.4	7:36	1.5	7:42	0.3	7:20	5:24	
25	Thu	2:25	6.0	2:30	4.7	8:42	1.5	8:31	1.0	7:19	5:25	
26	Fri	3:12	5.9	3:47	4.2	9:54	1.3	9:26	1.6	7:18	5:26	
27	Sat	4:02	5.9	5:18	4.0	11:07	1.1	10:30	2.2	7:18	5:27	
28	Sun	4:56	5.8	6:47	4.1			12:15	0.8	7:17	5:28	
29	Mon	5:49	5.8	7:57	4.3			1:14	0.5	7:16	5:29	
30	Tue	6:40	5.9	8:50	4.5	12:42	2.7	2:02	0.3	7:15	5:30	
31	Wed	7:27	5.9	9:32	4.7	1:37	2.7	2:44	0.1	7:15	5:31	