

































Ocean Beach, outer coast, CA - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:03	5.3	3:47	3.9	10:38	2.2	9:50	1.6	7:25	5:02	
2	Thu	4:47	5.4	5:16	3.7	11:41	1.8	10:46	1.9	7:25	5:03	
3	Fri	5:31	5.7	6:42	3.8			12:35	1.2	7:25	5:03	
4	Sat	6:15	6.0	7:54	4.1			1:23	0.6	7:25	5:04	
5	Sun	7:00	6.3	8:51	4.4	12:42	2.5	2:07	0.0	7:25	5:05	
6	Mon	7:44	6.6	9:41	4.8	1:35	2.6	2:49	-0.6	7:25	5:06	
7	Tue	8:30	6.8	10:27	5.0	2:25	2.6	3:32	-1.0	7:25	5:07	
8	Wed	9:17	7.0	11:11	5.3	3:15	2.5	4:16	-1.3	7:25	5:08	
9	Thu	10:05	7.0	11:54	5.5	4:05	2.4	5:00	-1.4	7:25	5:09	
10	Fri	10:55	6.9			4:57	2.3	5:44	-1.3	7:25	5:10	
11	Sat	12:37	5.6	11:47 AM	6.5	5:51	2.1	6:30	-1.0	7:25	5:11	
12	Sun	1:22	5.8	12:42	6.0	6:50	2.0	7:17	-0.6	7:24	5:12	
13	Mon	2:08	5.9	1:43	5.4	7:56	1.8	8:06	0.0	7:24	5:13	
14	Tue	2:56	6.0	2:53	4.8	9:09	1.6	8:59	0.7	7:24	5:14	
15	Wed	3:47	6.1	4:16	4.3	10:26	1.3	9:59	1.4	7:24	5:15	
16	Thu	4:41	6.1	5:48	4.2	11:41	0.9	11:04	1.9	7:23	5:16	
17	Fri	5:35	6.2	7:12	4.3			12:47	0.5	7:23	5:17	
18	Sat	6:28	6.3	8:20	4.5	12:10	2.3	1:44	0.1	7:22	5:18	
19	Sun	7:17	6.3	9:15	4.8	1:11	2.5	2:31	-0.1	7:22	5:19	
20	Mon	8:02	6.3	10:00	4.9	2:06	2.6	3:13	-0.3	7:21	5:20	
21	Tue	8:44	6.3	10:40	5.0	2:54	2.6	3:50	-0.4	7:21	5:21	
22	Wed	9:23	6.2	11:15	5.1	3:37	2.6	4:24	-0.4	7:20	5:22	
23	Thu	10:00	6.1	11:47	5.1	4:17	2.5	4:55	-0.3	7:20	5:23	
24	Fri	10:36	5.9			4:55	2.5	5:26	-0.2	7:19	5:24	
25	Sat	12:16	5.1	11:11 AM	5.7	5:32	2.4	5:56	-0.1	7:18	5:26	
26	Sun	12:45	5.1	11:48 AM	5.4	6:10	2.3	6:26	0.2	7:18	5:27	
27	Mon	1:14	5.2	12:27	5.1	6:50	2.2	6:58	0.5	7:17	5:28	
28	Tue	1:46	5.2	1:11	4.7	7:36	2.1	7:32	0.9	7:16	5:29	
29	Wed	2:20	5.3	2:04	4.3	8:29	2.0	8:10	1.4	7:16	5:30	
30	Thu	3:00	5.4	3:14	3.9	9:31	1.8	8:57	1.9	7:15	5:31	
31	Fri	3:45	5.5	4:46	3.7	10:40	1.5	9:55	2.3	7:14	5:32	