






























Ocean Beach, outer coast, CA - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:51	5.4	4:31	3.8	9:47	0.9	9:23	2.6	6:40	6:03	
2	Sun	3:47	5.5	6:01	4.0	10:58	0.6	10:41	2.8	6:39	6:04	
3	Mon	4:52	5.6	7:11	4.3			12:06	0.3	6:38	6:05	
4	Tue	5:58	5.8	8:04	4.6			1:05	-0.2	6:36	6:06	
5	Wed	7:01	6.1	8:48	5.0	1:05	2.4	1:57	-0.5	6:35	6:07	
6	Thu	8:00	6.3	9:28	5.3	2:01	2.0	2:45	-0.7	6:33	6:08	
7	Fri	8:56	6.4	10:07	5.6	2:54	1.5	3:30	-0.8	6:32	6:09	
8	Sat	9:50	6.4	10:45	5.9	3:44	1.0	4:14	-0.6	6:30	6:10	
9	Sun	10:44	6.3	11:24	6.1	4:34	0.6	4:57	-0.3	6:29	6:11	
10	Mon	11:38	5.9			5:24	0.3	5:40	0.1	6:27	6:12	
11	Tue	12:04	6.2	12:33	5.5	6:16	0.1	6:25	0.7	6:26	6:13	
12	Wed	12:45	6.2	1:33	5.1	7:10	0.1	7:12	1.3	6:24	6:14	
13	Thu	1:29	6.0	2:40	4.6	8:08	0.2	8:06	1.9	6:23	6:15	
14	Fri	2:17	5.8	3:57	4.3	9:13	0.3	9:11	2.3	6:21	6:16	
15	Sat	3:12	5.5	5:22	4.3	10:24	0.5	10:29	2.6	6:20	6:17	
16	Sun	4:14	5.3	6:38	4.4	11:35	0.5	11:46	2.6	6:18	6:18	
17	Mon	5:22	5.2	7:36	4.6			12:38	0.4	6:17	6:19	
18	Tue	6:25	5.1	8:20	4.8	12:51	2.5	1:30	0.3	6:15	6:20	
19	Wed	7:21	5.2	8:56	4.9	1:44	2.2	2:13	0.3	6:14	6:21	
20	Thu	8:10	5.2	9:26	5.0	2:28	1.9	2:50	0.3	6:12	6:22	
21	Fri	8:53	5.3	9:53	5.1	3:07	1.6	3:23	0.4	6:11	6:22	
22	Sat	9:34	5.2	10:18	5.2	3:42	1.3	3:53	0.5	6:09	6:23	
23	Sun	10:13	5.2	10:43	5.3	4:15	1.1	4:22	0.7	6:08	6:24	
24	Mon	10:53	5.1	11:09	5.4	4:47	0.9	4:51	0.9	6:06	6:25	
25	Tue	11:33	4.9	11:37	5.5	5:19	0.6	5:20	1.2	6:05	6:26	
26	Wed			12:16	4.7	5:54	0.5	5:52	1.5	6:03	6:27	
27	Thu	12:07	5.5	1:03	4.5	6:33	0.3	6:27	1.8	6:02	6:28	
28	Fri	12:41	5.5	1:58	4.3	7:17	0.3	7:08	2.2	6:00	6:29	
29	Sat	1:21	5.5	3:04	4.1	8:09	0.2	8:00	2.5	5:59	6:30	
30	Sun	2:10	5.4	4:21	4.1	9:10	0.2	9:10	2.8	5:57	6:31	
31	Mon	3:11	5.3	5:37	4.3	10:19	0.1	10:35	2.8	5:56	6:32	