



































Ocean Beach, outer coast, CA - Jan 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:51	6.0	8:23	4.2	12:26	2.0	1:56	0.5	7:25	5:01	
2	Sun	7:28	6.1	9:18	4.5	1:17	2.4	2:38	0.2	7:25	5:02	
3	Mon	8:03	6.2	10:05	4.6	2:03	2.7	3:15	-0.1	7:25	5:03	
4	Tue	8:37	6.2	10:46	4.7	2:46	2.9	3:49	-0.3	7:25	5:04	
5	Wed	9:11	6.2	11:23	4.8	3:26	3.0	4:22	-0.4	7:25	5:04	
6	Thu	9:46	6.2	11:57	4.8	4:03	3.0	4:54	-0.5	7:25	5:05	
7	Fri	10:21	6.2			4:39	3.1	5:25	-0.6	7:25	5:06	
8	Sat	12:30	4.9	10:57 AM	6.0	5:15	3.0	5:58	-0.5	7:25	5:07	
9	Sun	1:03	4.9	11:34 AM	5.8	5:54	3.0	6:32	-0.4	7:25	5:08	
10	Mon	1:37	5.0	12:14	5.5	6:37	2.9	7:09	-0.2	7:25	5:09	
11	Tue	2:13	5.0	12:59	5.2	7:28	2.8	7:48	0.1	7:25	5:10	
12	Wed	2:52	5.2	1:54	4.7	8:28	2.6	8:32	0.5	7:25	5:11	
13	Thu	3:33	5.4	3:06	4.3	9:38	2.2	9:22	1.1	7:24	5:12	
14	Fri	4:16	5.6	4:38	4.0	10:51	1.7	10:18	1.6	7:24	5:13	
15	Sat	5:03	5.9	6:15	4.0	11:59	1.0	11:20	2.1	7:24	5:14	
16	Sun	5:52	6.2	7:38	4.3			12:59	0.3	7:23	5:15	
17	Mon	6:42	6.6	8:45	4.6	12:23	2.4	1:53	-0.4	7:23	5:16	
18	Tue	7:33	6.9	9:41	4.9	1:24	2.6	2:44	-1.0	7:23	5:17	
19	Wed	8:24	7.1	10:31	5.2	2:22	2.6	3:33	-1.3	7:22	5:18	
20	Thu	9:15	7.2	11:17	5.4	3:17	2.6	4:20	-1.5	7:22	5:19	
21	Fri	10:06	7.1			4:10	2.5	5:06	-1.5	7:21	5:20	
22	Sat	12:01	5.5	10:56 AM	6.9	5:04	2.3	5:51	-1.3	7:21	5:21	
23	Sun	12:45	5.6	11:47 AM	6.4	5:59	2.2	6:35	-0.9	7:20	5:23	
24	Mon	1:27	5.6	12:39	5.9	6:56	2.1	7:19	-0.3	7:20	5:24	
25	Tue	2:10	5.6	1:35	5.2	7:57	2.0	8:04	0.3	7:19	5:25	
26	Wed	2:54	5.6	2:38	4.6	9:04	1.8	8:52	1.0	7:18	5:26	
27	Thu	3:39	5.6	3:57	4.1	10:16	1.6	9:46	1.6	7:18	5:27	
28	Fri	4:26	5.6	5:32	3.8	11:26	1.3	10:47	2.2	7:17	5:28	
29	Sat	5:14	5.7	7:04	3.9			12:30	1.0	7:16	5:29	
30	Sun	6:02	5.7	8:15	4.2			1:24	0.6	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	6:48	5.8	9:06	4.5	12:52	2.8	2:10	0.3	7:15	5:31	