




































Ocean Beach, outer coast, CA - Jan 2001

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 3:40 | 5.0 | 2:34 | 4.3 | 9:34 | 2.8 | 9:15 | 0.9 | 7:25 | 5:02 |  |
| 2 | Tue | 4:20 | 5.2 | 3:52 | 4.0 | 10:45 | 2.4 | 10:05 | 1.3 | 7:25 | 5:03 |  |
| 3 | Wed | 5:00 | 5.4 | 5:25 | 3.8 | 11:49 | 1.8 | 10:59 | 1.8 | 7:25 | 5:03 |  |
| 4 | Thu | 5:41 | 5.8 | 6:55 | 3.9 | | | 12:43 | 1.1 | 7:25 | 5:04 |  |
| 5 | Fri | 6:22 | 6.1 | 8:09 | 4.2 | | | 1:31 | 0.4 | 7:25 | 5:05 |  |
| 6 | Sat | 7:05 | 6.5 | 9:11 | 4.6 | 12:51 | 2.5 | 2:17 | -0.3 | 7:25 | 5:06 |  |
| 7 | Sun | 7:50 | 6.8 | 10:04 | 4.9 | 1:45 | 2.7 | 3:03 | -0.9 | 7:25 | 5:07 |  |
| 8 | Mon | 8:37 | 7.1 | 10:53 | 5.1 | 2:37 | 2.8 | 3:49 | -1.4 | 7:25 | 5:08 |  |
| 9 | Tue | 9:26 | 7.2 | 11:39 | 5.3 | 3:29 | 2.8 | 4:35 | -1.6 | 7:25 | 5:09 |  |
| 10 | Wed | 10:16 | 7.2 | | | 4:21 | 2.8 | 5:22 | -1.7 | 7:25 | 5:10 |  |
| 11 | Thu | 12:24 | 5.4 | 11:08 AM | 7.0 | 5:15 | 2.6 | 6:09 | -1.5 | 7:25 | 5:11 |  |
| 12 | Fri | 1:09 | 5.5 | 12:01 | 6.6 | 6:13 | 2.5 | 6:56 | -1.1 | 7:24 | 5:12 |  |
| 13 | Sat | 1:55 | 5.6 | 12:58 | 6.0 | 7:16 | 2.3 | 7:44 | -0.6 | 7:24 | 5:13 |  |
| 14 | Sun | 2:41 | 5.7 | 2:01 | 5.3 | 8:25 | 2.1 | 8:34 | 0.1 | 7:24 | 5:14 |  |
| 15 | Mon | 3:29 | 5.8 | 3:14 | 4.6 | 9:41 | 1.8 | 9:27 | 0.8 | 7:24 | 5:15 |  |
| 16 | Tue | 4:18 | 5.9 | 4:42 | 4.1 | 10:58 | 1.4 | 10:25 | 1.5 | 7:23 | 5:16 |  |
| 17 | Wed | 5:07 | 6.0 | 6:18 | 4.0 | | | 12:09 | 0.9 | 7:23 | 5:17 |  |
| 18 | Thu | 5:56 | 6.1 | 7:43 | 4.2 | | | 1:10 | 0.5 | 7:22 | 5:18 |  |
| 19 | Fri | 6:43 | 6.2 | 8:48 | 4.5 | 12:29 | 2.5 | 2:02 | 0.1 | 7:22 | 5:19 |  |
| 20 | Sat | 7:27 | 6.2 | 9:40 | 4.7 | 1:27 | 2.8 | 2:46 | -0.2 | 7:21 | 5:20 |  |
| 21 | Sun | 8:08 | 6.3 | 10:24 | 4.8 | 2:19 | 3.0 | 3:25 | -0.4 | 7:21 | 5:21 |  |
| 22 | Mon | 8:48 | 6.2 | 11:01 | 4.9 | 3:04 | 3.0 | 4:01 | -0.5 | 7:20 | 5:22 |  |
| 23 | Tue | 9:25 | 6.2 | 11:34 | 4.9 | 3:45 | 3.0 | 4:34 | -0.5 | 7:20 | 5:23 |  |
| 24 | Wed | 10:01 | 6.1 | | | 4:22 | 2.9 | 5:05 | -0.5 | 7:19 | 5:24 |  |
| 25 | Thu | 12:04 | 4.9 | 10:37 AM | 6.0 | 4:58 | 2.9 | 5:36 | -0.4 | 7:18 | 5:26 |  |
| 26 | Fri | 12:33 | 4.9 | 11:12 AM | 5.8 | 5:33 | 2.7 | 6:06 | -0.3 | 7:18 | 5:27 |  |
| 27 | Sat | 1:01 | 4.9 | 11:49 AM | 5.5 | 6:11 | 2.6 | 6:37 | 0.0 | 7:17 | 5:28 |  |
| 28 | Sun | 1:30 | 5.0 | 12:29 | 5.2 | 6:52 | 2.5 | 7:10 | 0.3 | 7:16 | 5:29 |  |
| 29 | Mon | 2:01 | 5.1 | 1:14 | 4.7 | 7:40 | 2.4 | 7:45 | 0.7 | 7:16 | 5:30 |  |
| 30 | Tue | 2:35 | 5.2 | 2:11 | 4.3 | 8:37 | 2.1 | 8:24 | 1.3 | 7:15 | 5:31 |  |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|-------------|-----|-------------|-----|-------------|-----|-------------|-----|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Wed | 3:13 | 5.4 | 3:29 | 3.9 | 9:43 | 1.8 | 9:12 | 1.8 | 7:14 | 5:32 |  |