

































## Ocean Beach, outer coast, CA - Oct 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:23	4.6	3:08	6.2	9:02	3.1	10:29	-0.1	7:05	6:53	
2	Thu	5:53	4.6	4:14	6.0	10:24	3.4	11:46	-0.1	7:06	6:52	
3	Fri	7:13	4.8	5:30	5.8			12:00	3.4	7:07	6:50	
4	Sat	8:12	5.1	6:46	5.7	12:58	-0.1	1:19	3.0	7:08	6:49	
5	Sun	8:58	5.3	7:54	5.7	1:58	-0.1	2:21	2.6	7:09	6:47	
6	Mon	9:36	5.5	8:53	5.7	2:49	0.0	3:12	2.1	7:10	6:46	
7	Tue	10:10	5.6	9:45	5.6	3:31	0.1	3:56	1.6	7:10	6:44	
8	Wed	10:39	5.7	10:34	5.5	4:08	0.4	4:36	1.2	7:11	6:43	
9	Thu	11:05	5.7	11:19	5.3	4:41	0.7	5:13	0.9	7:12	6:41	
10	Fri	11:29	5.7			5:13	1.1	5:48	0.7	7:13	6:40	
11	Sat	12:04	5.1	11:52 AM	5.8	5:43	1.6	6:22	0.5	7:14	6:38	
12	Sun	12:50	4.9	12:15	5.8	6:14	2.1	6:57	0.4	7:15	6:37	
13	Mon	1:37	4.7	12:40	5.7	6:45	2.5	7:33	0.4	7:16	6:36	
14	Tue	2:30	4.5	1:09	5.6	7:19	3.0	8:15	0.4	7:17	6:34	
15	Wed	3:31	4.3	1:45	5.5	7:58	3.3	9:03	0.5	7:18	6:33	
16	Thu	4:46	4.2	2:31	5.3	8:52	3.6	10:02	0.6	7:19	6:31	
17	Fri	6:08	4.3	3:31	5.1	10:19	3.8	11:10	0.6	7:20	6:30	
18	Sat	7:11	4.5	4:43	5.0	11:55	3.6			7:21	6:29	
19	Sun	7:53	4.7	5:58	5.0	12:16	0.5	1:02	3.3	7:22	6:27	
20	Mon	8:26	4.9	7:07	5.1	1:13	0.4	1:52	2.8	7:23	6:26	
21	Tue	8:55	5.2	8:10	5.3	2:01	0.2	2:35	2.2	7:24	6:25	
22	Wed	9:23	5.5	9:08	5.4	2:43	0.2	3:16	1.4	7:25	6:23	
23	Thu	9:52	5.8	10:05	5.5	3:23	0.4	3:58	0.7	7:26	6:22	
24	Fri	10:23	6.2	11:02	5.5	4:01	0.7	4:42	0.0	7:27	6:21	
25	Sat	10:55	6.5	11:59	5.4	4:41	1.2	5:27	-0.6	7:28	6:20	
26	Sun	10:30	6.7	11:59	5.3	4:21	1.7	5:15	-1.0	6:29	5:18	
27	Mon	11:09	6.8			5:04	2.2	6:05	-1.1	6:30	5:17	
28	Tue	1:02	5.1	11:53 AM	6.7	5:52	2.7	7:00	-1.1	6:31	5:16	
29	Wed	2:10	4.9	12:43	6.5	6:47	3.1	8:00	-0.8	6:32	5:15	
30	Thu	3:24	4.9	1:42	6.1	7:58	3.4	9:06	-0.5	6:33	5:14	
31	Fri	4:38	4.9	2:52	5.6	9:29	3.4	10:17	-0.2	6:34	5:13	