
































## Ocean Beach, outer coast, CA - Nov 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:43	5.1	4:11	5.3	11:01	3.1	11:24	0.0	6:35	5:11	
2	Sun	6:35	5.3	5:30	5.0			12:15	2.6	6:36	5:10	
3	Mon	7:18	5.5	6:43	4.9	12:22	0.2	1:14	2.0	6:37	5:09	
4	Tue	7:54	5.7	7:46	4.9	1:11	0.5	2:03	1.4	6:38	5:08	
5	Wed	8:25	5.8	8:42	4.9	1:53	0.8	2:45	1.0	6:39	5:07	
6	Thu	8:52	5.9	9:34	4.8	2:30	1.2	3:23	0.5	6:40	5:06	
7	Fri	9:17	6.0	10:22	4.8	3:04	1.6	3:57	0.2	6:41	5:05	
8	Sat	9:40	6.0	11:09	4.7	3:36	2.1	4:29	0.0	6:42	5:04	
9	Sun	10:03	6.0	11:55	4.7	4:08	2.5	5:01	-0.1	6:43	5:03	
10	Mon	10:29	6.0			4:41	2.8	5:33	-0.2	6:44	5:03	
11	Tue	12:41	4.6	10:57 AM	5.9	5:14	3.1	6:08	-0.2	6:45	5:02	
12	Wed	1:30	4.5	11:30 AM	5.7	5:51	3.4	6:47	-0.1	6:46	5:01	
13	Thu	2:22	4.5	12:09	5.6	6:33	3.6	7:31	0.0	6:48	5:00	
14	Fri	3:20	4.5	12:55	5.3	7:29	3.7	8:23	0.1	6:49	4:59	
15	Sat	4:19	4.5	1:51	5.0	8:46	3.7	9:20	0.2	6:50	4:59	
16	Sun	5:10	4.7	3:00	4.8	10:15	3.5	10:19	0.3	6:51	4:58	
17	Mon	5:52	4.9	4:19	4.6	11:27	3.0	11:16	0.4	6:52	4:57	
18	Tue	6:27	5.2	5:38	4.6			12:23	2.4	6:53	4:57	
19	Wed	6:59	5.5	6:52	4.7	12:07	0.6	1:11	1.6	6:54	4:56	
20	Thu	7:31	6.0	8:01	4.8	12:54	0.8	1:57	0.7	6:55	4:55	
21	Fri	8:03	6.4	9:05	5.0	1:39	1.2	2:42	-0.1	6:56	4:55	
22	Sat	8:38	6.8	10:06	5.1	2:23	1.6	3:27	-0.9	6:57	4:54	
23	Sun	9:16	7.0	11:06	5.2	3:08	2.1	4:14	-1.4	6:58	4:54	
24	Mon	9:57	7.2			3:54	2.5	5:02	-1.7	6:59	4:53	
25	Tue	12:05	5.2	10:42 AM	7.1	4:43	2.9	5:52	-1.7	7:00	4:53	
26	Wed	1:03	5.2	11:30 AM	6.9	5:37	3.1	6:45	-1.5	7:01	4:53	
27	Thu	2:03	5.1	12:23	6.5	6:38	3.3	7:41	-1.1	7:02	4:52	
28	Fri	3:03	5.1	1:22	5.9	7:51	3.3	8:39	-0.7	7:03	4:52	
29	Sat	4:03	5.2	2:29	5.4	9:17	3.2	9:40	-0.2	7:04	4:52	
30	Sun	4:59	5.3	3:45	4.8	10:42	2.8	10:40	0.3	7:05	4:51	