

































Ocean Beach, outer coast, CA - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:54	5.3	8:58	4.5	12:36	3.4	1:39	0.3	6:40	6:04	
2	Tue	6:52	5.5	9:27	4.6	1:32	3.2	2:22	0.0	6:39	6:05	
3	Wed	7:43	5.7	9:54	4.7	2:15	2.9	2:59	-0.3	6:37	6:06	
4	Thu	8:30	5.9	10:19	4.9	2:53	2.6	3:32	-0.4	6:36	6:07	
5	Fri	9:14	5.9	10:44	5.1	3:29	2.2	4:04	-0.5	6:34	6:08	
6	Sat	9:57	5.9	11:10	5.3	4:06	1.8	4:34	-0.4	6:33	6:09	
7	Sun	10:42	5.8	11:37	5.5	4:44	1.4	5:06	-0.1	6:31	6:10	
8	Mon	11:29	5.5			5:26	1.0	5:38	0.3	6:30	6:10	
9	Tue	12:06	5.7	12:21	5.1	6:11	0.6	6:13	0.9	6:28	6:11	
10	Wed	12:37	5.9	1:21	4.7	7:01	0.3	6:50	1.6	6:27	6:12	
11	Thu	1:12	6.0	2:34	4.2	7:58	0.1	7:33	2.3	6:25	6:13	
12	Fri	1:55	6.0	4:06	4.0	9:03	0.0	8:29	2.9	6:24	6:14	
13	Sat	2:49	5.9	5:51	4.1	10:19	-0.1	9:50	3.3	6:22	6:15	
14	Sun	3:57	5.8	7:11	4.4	11:38	-0.2	11:30	3.3	6:21	6:16	
15	Mon	5:14	5.8	8:05	4.7			12:48	-0.4	6:19	6:17	
16	Tue	6:28	5.9	8:47	5.0	12:50	3.0	1:46	-0.6	6:18	6:18	
17	Wed	7:33	5.9	9:24	5.2	1:52	2.5	2:34	-0.7	6:16	6:19	
18	Thu	8:30	5.9	9:57	5.4	2:44	2.0	3:16	-0.6	6:15	6:20	
19	Fri	9:22	5.8	10:28	5.5	3:31	1.5	3:54	-0.4	6:13	6:21	
20	Sat	10:11	5.6	10:57	5.6	4:14	1.1	4:29	0.0	6:12	6:22	
21	Sun	10:58	5.3	11:23	5.6	4:55	0.8	5:02	0.5	6:10	6:23	
22	Mon	11:45	5.0	11:49	5.6	5:35	0.5	5:34	1.0	6:09	6:24	
23	Tue			12:33	4.7	6:14	0.4	6:06	1.6	6:07	6:25	
24	Wed	12:14	5.6	1:26	4.3	6:55	0.3	6:39	2.2	6:06	6:26	
25	Thu	12:41	5.5	2:28	4.0	7:38	0.4	7:16	2.7	6:04	6:26	
26	Fri	1:13	5.4	3:48	3.9	8:29	0.5	8:03	3.1	6:03	6:27	
27	Sat	1:54	5.2	5:30	3.9	9:29	0.6	9:19	3.4	6:01	6:28	
28	Sun	2:48	5.0	6:50	4.1	10:41	0.6	11:00	3.5	6:00	6:29	
29	Mon	3:57	4.8	7:36	4.3	11:50	0.5			5:58	6:30	
30	Tue	5:11	4.9	8:08	4.4	12:15	3.2	12:47	0.3	5:57	6:31	
31	Wed	6:18	5.0	8:35	4.6	1:08	2.9	1:33	0.1	5:55	6:32	