

































Ocean Beach, outer coast, CA - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:50	4.9	10:10	7.3	4:40	-1.6	4:08	3.1	5:52	8:35	
2	Fri			12:41	5.0	5:30	-1.8	5:04	3.1	5:52	8:35	
3	Sat			1:28	5.1	6:19	-1.8	6:02	3.0	5:53	8:35	
4	Sun			2:14	5.2	7:08	-1.6	7:02	2.9	5:53	8:35	
5	Mon	12:49	6.6	2:59	5.3	7:56	-1.3	8:07	2.7	5:54	8:35	
6	Tue	1:45	6.1	3:44	5.4	8:43	-0.8	9:17	2.5	5:54	8:35	
7	Wed	2:44	5.4	4:28	5.6	9:30	-0.1	10:31	2.2	5:55	8:34	
8	Thu	3:51	4.7	5:12	5.7	10:18	0.6	11:45	1.8	5:55	8:34	
9	Fri	5:12	4.1	5:55	5.8	11:08	1.3			5:56	8:34	
10	Sat	6:45	3.8	6:36	5.9	12:54	1.3	12:01	2.0	5:57	8:33	
11	Sun	8:18	3.9	7:17	6.0	1:54	0.8	12:57	2.5	5:57	8:33	
12	Mon	9:32	4.1	7:56	6.1	2:45	0.4	1:52	2.9	5:58	8:32	
13	Tue	10:30	4.4	8:35	6.2	3:29	0.1	2:44	3.2	5:59	8:32	
14	Wed	11:17	4.6	9:14	6.2	4:08	-0.2	3:32	3.3	5:59	8:32	
15	Thu	11:56	4.7	9:53	6.3	4:45	-0.3	4:14	3.4	6:00	8:31	
16	Fri			12:31	4.8	5:19	-0.5	4:54	3.4	6:01	8:30	
17	Sat			1:03	4.8	5:52	-0.5	5:31	3.3	6:02	8:30	
18	Sun			1:33	4.8	6:24	-0.6	6:09	3.2	6:02	8:29	
19	Mon			2:02	4.9	6:56	-0.5	6:48	3.0	6:03	8:29	
20	Tue	12:25	5.9	2:32	5.0	7:28	-0.4	7:32	2.9	6:04	8:28	
21	Wed	1:06	5.6	3:03	5.1	8:01	-0.2	8:23	2.7	6:05	8:27	
22	Thu	1:52	5.2	3:35	5.3	8:36	0.2	9:21	2.4	6:05	8:27	
23	Fri	2:47	4.7	4:09	5.6	9:14	0.8	10:26	1.9	6:06	8:26	
24	Sat	3:59	4.2	4:48	5.8	9:57	1.4	11:36	1.4	6:07	8:25	
25	Sun	5:33	3.9	5:31	6.1	10:47	2.1			6:08	8:24	
26	Mon	7:19	3.9	6:21	6.4	12:43	0.7	11:48 AM	2.7	6:09	8:23	
27	Tue	8:49	4.2	7:15	6.7	1:46	0.1	12:56	3.1	6:09	8:23	
28	Wed	9:56	4.5	8:11	7.0	2:44	-0.5	2:03	3.2	6:10	8:22	
29	Thu	10:48	4.8	9:07	7.2	3:38	-1.0	3:05	3.2	6:11	8:21	
30	Fri	11:34	5.0	10:02	7.3	4:28	-1.3	4:03	3.0	6:12	8:20	
31	Sat			12:16	5.2	5:16	-1.4	4:59	2.8	6:13	8:19	