
































Ocean Beach, outer coast, CA - Nov 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:20	4.5	12:10	5.6	6:39	3.5	7:35	0.1	6:36	5:11	
2	Tue	3:23	4.5	12:53	5.3	7:36	3.7	8:27	0.3	6:37	5:10	
3	Wed	4:31	4.5	1:48	5.0	8:56	3.8	9:27	0.5	6:38	5:09	
4	Thu	5:28	4.6	2:54	4.8	10:25	3.6	10:29	0.5	6:39	5:08	
5	Fri	6:11	4.7	4:09	4.6	11:35	3.2	11:26	0.6	6:40	5:07	
6	Sat	6:44	4.9	5:23	4.5			12:29	2.7	6:41	5:06	
7	Sun	7:11	5.2	6:31	4.6	12:14	0.7	1:13	2.1	6:42	5:05	
8	Mon	7:37	5.5	7:34	4.7	12:56	0.8	1:52	1.5	6:43	5:04	
9	Tue	8:04	5.8	8:32	4.8	1:34	1.0	2:29	0.8	6:44	5:03	
10	Wed	8:31	6.1	9:29	4.9	2:11	1.4	3:07	0.1	6:45	5:02	
11	Thu	9:01	6.4	10:25	5.0	2:49	1.8	3:47	-0.5	6:46	5:01	
12	Fri	9:34	6.7	11:22	5.0	3:28	2.2	4:30	-1.0	6:47	5:00	
13	Sat	10:11	6.9			4:09	2.6	5:15	-1.3	6:48	5:00	
14	Sun	12:20	5.0	10:53 AM	6.9	4:54	3.0	6:05	-1.4	6:49	4:59	
15	Mon	1:20	4.9	11:40 AM	6.7	5:44	3.2	6:58	-1.3	6:50	4:58	
16	Tue	2:22	4.9	12:34	6.4	6:44	3.4	7:57	-1.0	6:52	4:57	
17	Wed	3:27	4.9	1:37	6.0	8:00	3.5	9:00	-0.7	6:53	4:57	
18	Thu	4:29	5.0	2:51	5.5	9:33	3.3	10:05	-0.3	6:54	4:56	
19	Fri	5:24	5.2	4:12	5.0	11:02	2.8	11:07	0.1	6:55	4:56	
20	Sat	6:11	5.5	5:36	4.7			12:14	2.1	6:56	4:55	
21	Sun	6:52	5.8	6:54	4.6	12:02	0.5	1:14	1.4	6:57	4:54	
22	Mon	7:28	6.1	8:04	4.6	12:51	0.9	2:04	0.7	6:58	4:54	
23	Tue	8:01	6.2	9:06	4.6	1:36	1.4	2:48	0.2	6:59	4:53	
24	Wed	8:32	6.3	10:03	4.7	2:17	1.9	3:28	-0.2	7:00	4:53	
25	Thu	9:01	6.4	10:55	4.8	2:57	2.4	4:04	-0.5	7:01	4:53	
26	Fri	9:29	6.3	11:43	4.8	3:36	2.8	4:39	-0.6	7:02	4:52	
27	Sat	9:58	6.2			4:15	3.1	5:13	-0.6	7:03	4:52	
28	Sun	12:30	4.8	10:30 AM	6.1	4:54	3.4	5:49	-0.5	7:04	4:52	
29	Mon	1:15	4.7	11:04 AM	5.9	5:34	3.5	6:26	-0.4	7:05	4:51	
30	Tue	2:00	4.7	11:42 AM	5.7	6:18	3.6	7:06	-0.3	7:06	4:51	