































Ocean Beach, outer coast, CA - Jan 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:01	4.9	1:36	4.7	8:29	2.9	8:25	0.5	7:25	5:02	
2	Sun	3:36	5.1	2:40	4.2	9:37	2.5	9:07	1.1	7:25	5:03	
3	Mon	4:11	5.4	4:07	3.8	10:47	2.0	9:55	1.7	7:25	5:03	
4	Tue	4:50	5.7	5:52	3.7	11:51	1.3	10:50	2.3	7:25	5:04	
5	Wed	5:31	6.0	7:28	3.9			12:47	0.6	7:25	5:05	
6	Thu	6:15	6.4	8:43	4.3			1:39	-0.2	7:25	5:06	
7	Fri	7:03	6.7	9:41	4.6	12:52	3.1	2:29	-0.9	7:25	5:07	
8	Sat	7:53	7.0	10:31	4.9	1:51	3.3	3:18	-1.4	7:25	5:08	
9	Sun	8:45	7.2	11:16	5.1	2:47	3.2	4:06	-1.7	7:25	5:09	
10	Mon	9:38	7.3	11:59	5.2	3:42	3.1	4:54	-1.8	7:25	5:10	
11	Tue	10:31	7.2			4:37	2.9	5:41	-1.7	7:25	5:11	
12	Wed	12:41	5.3	11:24 AM	6.8	5:34	2.7	6:26	-1.4	7:24	5:12	
13	Thu	1:23	5.5	12:19	6.3	6:34	2.4	7:11	-0.9	7:24	5:13	
14	Fri	2:04	5.6	1:17	5.6	7:39	2.2	7:55	-0.2	7:24	5:14	
15	Sat	2:47	5.7	2:22	4.8	8:50	1.9	8:40	0.6	7:23	5:15	
16	Sun	3:30	5.8	3:42	4.2	10:05	1.6	9:29	1.4	7:23	5:16	
17	Mon	4:14	5.9	5:21	3.8	11:20	1.1	10:25	2.1	7:23	5:17	
18	Tue	5:01	6.0	7:03	3.9			12:27	0.7	7:22	5:18	
19	Wed	5:48	6.0	8:22	4.2			1:25	0.3	7:22	5:19	
20	Thu	6:35	6.1	9:19	4.5	12:35	3.1	2:14	0.0	7:21	5:20	
21	Fri	7:20	6.1	10:04	4.7	1:35	3.3	2:56	-0.3	7:21	5:21	
22	Sat	8:03	6.1	10:41	4.8	2:26	3.3	3:34	-0.4	7:20	5:22	
23	Sun	8:44	6.2	11:14	4.8	3:10	3.3	4:09	-0.5	7:20	5:23	
24	Mon	9:23	6.2	11:43	4.8	3:49	3.2	4:40	-0.5	7:19	5:25	
25	Tue	10:00	6.1			4:24	3.0	5:10	-0.5	7:18	5:26	
26	Wed	12:10	4.8	10:36 AM	6.0	4:59	2.9	5:39	-0.5	7:18	5:27	
27	Thu	12:35	4.9	11:13 AM	5.8	5:35	2.7	6:07	-0.3	7:17	5:28	
28	Fri	1:01	5.0	11:50 AM	5.4	6:14	2.5	6:36	0.0	7:16	5:29	
29	Sat	1:28	5.1	12:32	5.0	6:58	2.3	7:06	0.4	7:15	5:30	
30	Sun	1:56	5.3	1:22	4.6	7:49	2.1	7:38	1.0	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	2:27	5.4	2:28	4.1	8:47	1.7	8:15	1.6	7:14	5:32	