


















## Ocean Beach, outer coast, CA - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:25	4.7	4:30	5.0	9:22	0.4	10:29	2.6	5:51	8:36	
2	Sun	3:21	4.2	5:03	5.2	10:00	0.9	11:35	2.2	5:52	8:35	
3	Mon	4:32	3.8	5:36	5.4	10:40	1.5			5:52	8:35	
4	Tue	6:03	3.5	6:12	5.6	12:37	1.7	11:25 AM	2.1	5:53	8:35	
5	Wed	7:45	3.5	6:50	5.8	1:32	1.2	12:17	2.6	5:53	8:35	
6	Thu	9:10	3.8	7:30	6.1	2:19	0.6	1:12	3.0	5:54	8:35	
7	Fri	10:12	4.1	8:13	6.3	3:03	0.1	2:06	3.3	5:55	8:34	
8	Sat	11:02	4.4	8:58	6.6	3:45	-0.4	2:58	3.4	5:55	8:34	
9	Sun	11:44	4.6	9:45	6.8	4:27	-0.8	3:47	3.4	5:56	8:34	
10	Mon			12:24	4.8	5:09	-1.2	4:36	3.3	5:56	8:33	
11	Tue			1:02	4.9	5:52	-1.4	5:26	3.1	5:57	8:33	
12	Wed			1:40	5.1	6:34	-1.5	6:19	2.9	5:58	8:33	
13	Thu	12:11	6.7	2:17	5.2	7:17	-1.3	7:16	2.6	5:58	8:32	
14	Fri	1:04	6.3	2:56	5.5	7:59	-0.9	8:19	2.3	5:59	8:32	
15	Sat	2:02	5.7	3:35	5.7	8:42	-0.3	9:29	1.9	6:00	8:31	
16	Sun	3:08	5.0	4:17	6.0	9:27	0.4	10:44	1.5	6:01	8:31	
17	Mon	4:27	4.4	5:01	6.2	10:15	1.2			6:01	8:30	
18	Tue	6:02	4.0	5:48	6.4	12:00	1.0	11:09 AM	2.0	6:02	8:30	
19	Wed	7:43	4.0	6:39	6.6	1:10	0.4	12:12	2.6	6:03	8:29	
20	Thu	9:07	4.3	7:31	6.6	2:13	-0.1	1:19	3.1	6:04	8:28	
21	Fri	10:11	4.6	8:22	6.7	3:08	-0.4	2:23	3.3	6:04	8:28	
22	Sat	11:01	4.8	9:11	6.6	3:56	-0.6	3:21	3.3	6:05	8:27	
23	Sun	11:45	5.0	9:57	6.6	4:40	-0.7	4:12	3.2	6:06	8:26	
24	Mon			12:23	5.0	5:19	-0.7	4:58	3.1	6:07	8:25	
25	Tue			12:58	5.0	5:56	-0.7	5:41	3.0	6:07	8:25	
26	Wed			1:29	5.0	6:29	-0.5	6:23	2.9	6:08	8:24	
27	Thu			1:57	5.0	7:00	-0.3	7:05	2.7	6:09	8:23	
28	Fri	12:37	5.6	2:23	5.1	7:30	0.0	7:48	2.5	6:10	8:22	
29	Sat	1:17	5.2	2:49	5.2	8:00	0.5	8:36	2.4	6:11	8:21	
30	Sun	2:01	4.7	3:17	5.3	8:29	1.0	9:29	2.2	6:12	8:20	
31	Mon	2:54	4.3	3:47	5.4	9:00	1.6	10:29	1.9	6:12	8:19	