

































## Ocean Beach, outer coast, CA - Mar 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:37	5.9	10:20	5.1	2:56	2.4	3:37	-0.4	6:41	6:03	
2	Fri	9:22	5.8	10:47	5.2	3:38	2.1	4:09	-0.2	6:40	6:04	
3	Sat	10:03	5.6	11:11	5.2	4:17	1.8	4:38	0.0	6:38	6:05	
4	Sun	10:43	5.4	11:33	5.3	4:53	1.5	5:05	0.4	6:37	6:06	
5	Mon	11:22	5.1	11:54	5.4	5:28	1.3	5:30	0.8	6:35	6:07	
6	Tue			12:03	4.7	6:03	1.1	5:56	1.3	6:34	6:08	
7	Wed	12:16	5.5	12:48	4.4	6:40	0.9	6:23	1.8	6:32	6:09	
8	Thu	12:40	5.5	1:40	4.1	7:21	0.8	6:50	2.3	6:31	6:10	
9	Fri	1:09	5.5	2:47	3.8	8:08	0.8	7:21	2.8	6:29	6:11	
10	Sat	1:46	5.4	4:25	3.6	9:06	0.8	8:01	3.2	6:28	6:12	
11	Sun	3:33	5.3	7:27	3.7	11:16	0.7	10:21	3.5	7:26	7:13	
12	Mon	4:36	5.3	8:32	4.0			12:30	0.4	7:25	7:14	
13	Tue	5:49	5.3	9:07	4.3	12:12	3.5	1:34	0.1	7:24	7:15	
14	Wed	7:00	5.5	9:37	4.5	1:29	3.3	2:26	-0.3	7:22	7:16	
15	Thu	8:03	5.8	10:05	4.8	2:25	2.8	3:11	-0.6	7:21	7:16	
16	Fri	9:01	6.0	10:33	5.1	3:13	2.3	3:51	-0.7	7:19	7:17	
17	Sat	9:55	6.1	11:02	5.5	3:59	1.6	4:30	-0.6	7:17	7:18	
18	Sun	10:50	6.0	11:33	5.8	4:45	0.9	5:08	-0.3	7:16	7:19	
19	Mon	11:45	5.8			5:33	0.3	5:45	0.2	7:14	7:20	
20	Tue	12:05	6.2	12:42	5.5	6:21	-0.2	6:24	0.9	7:13	7:21	
21	Wed	12:39	6.4	1:43	5.1	7:13	-0.5	7:05	1.5	7:11	7:22	
22	Thu	1:17	6.5	2:51	4.6	8:07	-0.6	7:50	2.2	7:10	7:23	
23	Fri	2:00	6.4	4:09	4.3	9:07	-0.5	8:44	2.8	7:08	7:24	
24	Sat	2:50	6.1	5:39	4.2	10:16	-0.4	9:58	3.2	7:07	7:25	
25	Sun	3:51	5.8	7:05	4.4	11:33	-0.2	11:35	3.3	7:05	7:26	
26	Mon	5:05	5.5	8:09	4.6			12:49	-0.1	7:04	7:27	
27	Tue	6:24	5.3	8:56	4.8	1:02	3.0	1:53	-0.1	7:02	7:28	
28	Wed	7:35	5.2	9:34	5.0	2:09	2.6	2:44	-0.1	7:01	7:29	
29	Thu	8:36	5.2	10:06	5.1	3:01	2.1	3:25	0.0	6:59	7:29	
30	Fri	9:28	5.1	10:33	5.2	3:45	1.7	4:00	0.2	6:58	7:30	
31	Sat	10:14	5.0	10:56	5.3	4:24	1.3	4:30	0.5	6:56	7:31	