



































Ocean Beach, outer coast, CA - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:07	5.7	6:45	3.7			12:25	1.1	7:25	5:01	
2	Wed	5:47	5.8	8:08	3.9			1:17	0.6	7:25	5:02	
3	Thu	6:27	5.9	9:08	4.2	12:20	3.0	2:03	0.2	7:25	5:03	
4	Fri	7:08	6.1	9:54	4.5	1:15	3.3	2:43	-0.1	7:25	5:04	
5	Sat	7:49	6.2	10:31	4.6	2:04	3.4	3:20	-0.3	7:25	5:04	
6	Sun	8:29	6.3	11:05	4.7	2:47	3.4	3:54	-0.6	7:25	5:05	
7	Mon	9:08	6.4	11:36	4.8	3:26	3.3	4:28	-0.7	7:25	5:06	
8	Tue	9:47	6.4			4:04	3.2	5:01	-0.8	7:25	5:07	
9	Wed	12:06	4.8	10:27 AM	6.3	4:42	3.1	5:33	-0.9	7:25	5:08	
10	Thu	12:36	4.9	11:07 AM	6.1	5:22	2.9	6:07	-0.8	7:25	5:09	
11	Fri	1:07	5.1	11:49 AM	5.8	6:07	2.7	6:41	-0.5	7:25	5:10	
12	Sat	1:39	5.2	12:37	5.4	6:59	2.4	7:17	-0.1	7:25	5:11	
13	Sun	2:12	5.4	1:34	4.8	7:58	2.1	7:56	0.6	7:24	5:12	
14	Mon	2:48	5.7	2:47	4.2	9:06	1.7	8:40	1.3	7:24	5:13	
15	Tue	3:29	5.9	4:24	3.8	10:20	1.2	9:31	2.0	7:24	5:14	
16	Wed	4:15	6.2	6:14	3.8	11:35	0.6	10:34	2.7	7:23	5:15	
17	Thu	5:08	6.4	7:47	4.1			12:42	0.0	7:23	5:16	
18	Fri	6:05	6.7	8:53	4.5			1:42	-0.6	7:23	5:17	
19	Sat	7:03	6.9	9:44	4.8	12:59	3.2	2:36	-1.0	7:22	5:18	
20	Sun	8:00	7.0	10:28	5.1	2:04	3.2	3:25	-1.3	7:22	5:19	
21	Mon	8:54	7.0	11:09	5.2	3:02	3.0	4:10	-1.4	7:21	5:20	
22	Tue	9:45	6.9	11:46	5.3	3:55	2.7	4:52	-1.3	7:21	5:22	
23	Wed	10:33	6.6			4:46	2.5	5:31	-1.0	7:20	5:23	
24	Thu	12:23	5.4	11:20 AM	6.2	5:37	2.2	6:08	-0.6	7:19	5:24	
25	Fri	12:57	5.5	12:07	5.6	6:27	2.0	6:44	-0.1	7:19	5:25	
26	Sat	1:30	5.5	12:56	5.0	7:20	1.9	7:18	0.6	7:18	5:26	
27	Sun	2:03	5.6	1:51	4.4	8:16	1.7	7:54	1.3	7:18	5:27	
28	Mon	2:36	5.6	3:00	3.9	9:18	1.6	8:32	2.0	7:17	5:28	
29	Tue	3:13	5.6	4:36	3.5	10:25	1.4	9:19	2.6	7:16	5:29	
30	Wed	3:54	5.6	6:39	3.6	11:34	1.1	10:25	3.1	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	4:44	5.6	8:06	3.9			12:36	0.8	7:14	5:31	