

































Ocean Beach, outer coast, CA - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:50	5.3	8:20	4.2			12:45	0.5	6:40	6:04	
2	Sun	5:57	5.4	8:50	4.4	12:35	3.4	1:35	0.2	6:38	6:05	
3	Mon	6:55	5.6	9:15	4.6	1:28	3.1	2:16	-0.1	6:37	6:06	
4	Tue	7:47	5.7	9:40	4.8	2:11	2.7	2:52	-0.3	6:36	6:07	
5	Wed	8:35	5.9	10:05	5.0	2:50	2.3	3:25	-0.4	6:34	6:08	
6	Thu	9:22	5.9	10:30	5.3	3:29	1.8	3:57	-0.3	6:33	6:09	
7	Fri	10:09	5.8	10:57	5.6	4:08	1.3	4:30	-0.1	6:31	6:10	
8	Sat	10:59	5.6	11:26	5.9	4:51	0.8	5:03	0.3	6:30	6:11	
9	Sun			12:51	5.3	6:36	0.3	6:39	0.9	7:28	7:11	
10	Mon	12:58	6.1	1:49	4.9	7:24	0.0	7:16	1.5	7:27	7:12	
11	Tue	1:33	6.3	2:56	4.5	8:18	-0.2	7:58	2.1	7:25	7:13	
12	Wed	2:15	6.3	4:17	4.1	9:19	-0.2	8:49	2.7	7:24	7:14	
13	Thu	3:05	6.2	5:53	4.1	10:30	-0.2	9:59	3.1	7:22	7:15	
14	Fri	4:09	6.0	7:22	4.3	11:50	-0.2	11:36	3.3	7:21	7:16	
15	Sat	5:24	5.8	8:25	4.6			1:06	-0.3	7:19	7:17	
16	Sun	6:42	5.7	9:11	4.8	1:07	3.0	2:10	-0.4	7:18	7:18	
17	Mon	7:53	5.7	9:50	5.1	2:16	2.6	3:01	-0.4	7:16	7:19	
18	Tue	8:54	5.7	10:24	5.3	3:11	2.1	3:44	-0.3	7:15	7:20	
19	Wed	9:48	5.6	10:54	5.5	3:59	1.6	4:21	-0.1	7:13	7:21	
20	Thu	10:38	5.5	11:22	5.6	4:43	1.1	4:55	0.2	7:12	7:22	
21	Fri	11:24	5.2	11:48	5.6	5:23	0.8	5:26	0.6	7:10	7:23	
22	Sat			12:10	5.0	6:01	0.5	5:57	1.1	7:09	7:24	
23	Sun	12:12	5.7	12:56	4.7	6:37	0.3	6:27	1.6	7:07	7:25	
24	Mon	12:36	5.7	1:43	4.4	7:14	0.2	6:57	2.1	7:06	7:26	
25	Tue	1:02	5.6	2:35	4.2	7:53	0.2	7:29	2.6	7:04	7:26	
26	Wed	1:31	5.5	3:36	3.9	8:36	0.3	8:05	3.0	7:03	7:27	
27	Thu	2:07	5.4	4:56	3.8	9:27	0.4	8:52	3.3	7:01	7:28	
28	Fri	2:52	5.2	6:32	3.8	10:29	0.5	10:12	3.5	7:00	7:29	
29	Sat	3:52	5.0	7:42	4.0	11:39	0.5	11:56	3.4	6:58	7:30	
30	Sun	5:03	4.9	8:21	4.2			12:45	0.4	6:57	7:31	
31	Mon	6:16	4.9	8:50	4.4	1:09	3.1	1:39	0.2	6:55	7:32	