




























## Ocean Beach, outer coast, CA - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:17	4.7	9:33	7.2	4:07	-1.4	3:31	3.1	5:52	8:35	
2	Wed			12:06	5.0	4:57	-1.6	4:28	3.0	5:52	8:35	
3	Thu			12:51	5.1	5:45	-1.7	5:26	2.9	5:53	8:35	
4	Fri			1:35	5.2	6:32	-1.6	6:23	2.7	5:53	8:35	
5	Sat	12:12	6.7	2:17	5.4	7:17	-1.3	7:23	2.5	5:54	8:35	
6	Sun	1:04	6.2	2:58	5.5	8:01	-0.8	8:26	2.3	5:54	8:35	
7	Mon	1:59	5.6	3:39	5.6	8:43	-0.2	9:33	2.1	5:55	8:34	
8	Tue	2:58	4.9	4:19	5.7	9:26	0.5	10:43	1.8	5:56	8:34	
9	Wed	4:08	4.2	5:00	5.8	10:10	1.2	11:53	1.4	5:56	8:34	
10	Thu	5:35	3.8	5:42	5.8	11:00	1.9			5:57	8:33	
11	Fri	7:17	3.7	6:24	5.9	12:58	1.0	11:56 AM	2.5	5:57	8:33	
12	Sat	8:48	3.9	7:08	6.0	1:56	0.7	12:57	3.0	5:58	8:32	
13	Sun	9:54	4.2	7:51	6.0	2:46	0.3	1:57	3.3	5:59	8:32	
14	Mon	10:42	4.4	8:35	6.1	3:30	0.0	2:49	3.4	5:59	8:32	
15	Tue	11:21	4.6	9:16	6.2	4:09	-0.2	3:35	3.4	6:00	8:31	
16	Wed	11:55	4.7	9:57	6.3	4:45	-0.4	4:16	3.3	6:01	8:30	
17	Thu			12:25	4.7	5:19	-0.5	4:54	3.2	6:02	8:30	
18	Fri			12:54	4.8	5:51	-0.6	5:32	3.1	6:02	8:29	
19	Sat			1:21	4.9	6:22	-0.6	6:11	2.9	6:03	8:29	
20	Sun			1:49	5.1	6:52	-0.5	6:53	2.7	6:04	8:28	
21	Mon	12:35	5.8	2:18	5.2	7:24	-0.3	7:40	2.4	6:05	8:27	
22	Tue	1:20	5.4	2:48	5.5	7:57	0.1	8:33	2.1	6:05	8:27	
23	Wed	2:12	4.9	3:21	5.7	8:33	0.6	9:33	1.8	6:06	8:26	
24	Thu	3:17	4.4	3:58	6.0	9:12	1.3	10:41	1.3	6:07	8:25	
25	Fri	4:42	4.0	4:41	6.2	9:58	2.0	11:53	0.8	6:08	8:24	
26	Sat	6:27	3.8	5:32	6.4	10:56	2.6			6:09	8:23	
27	Sun	8:08	4.0	6:29	6.7	1:03	0.3	12:06	3.1	6:10	8:23	
28	Mon	9:21	4.4	7:30	6.9	2:07	-0.3	1:20	3.3	6:10	8:22	
29	Tue	10:15	4.7	8:29	7.0	3:05	-0.7	2:28	3.2	6:11	8:21	
30	Wed	11:01	4.9	9:26	7.1	3:56	-1.1	3:29	3.0	6:12	8:20	
31	Thu	11:42	5.2	10:20	7.1	4:44	-1.2	4:25	2.7	6:13	8:19	