
























Ocean Beach, outer coast, CA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:53	5.9	2:00	4.2	7:31	0.5	7:07	2.1	6:40	6:03	
2	Mon	1:31	6.0	3:21	3.9	8:30	0.3	7:53	2.6	6:39	6:04	
3	Tue	2:18	6.0	5:03	3.8	9:41	0.2	8:58	3.1	6:37	6:05	
4	Wed	3:20	5.9	6:36	4.1	11:00	0.0	10:30	3.3	6:36	6:06	
5	Thu	4:33	5.9	7:37	4.4			12:14	-0.3	6:35	6:07	
6	Fri	5:49	6.0	8:22	4.7	12:01	3.1	1:16	-0.5	6:33	6:08	
7	Sat	6:59	6.1	9:00	5.0	1:12	2.7	2:08	-0.7	6:32	6:09	
8	Sun	9:01	6.2	10:35	5.4	3:10	2.1	3:53	-0.7	7:30	7:10	
9	Mon	9:57	6.2	11:09	5.6	4:02	1.5	4:34	-0.5	7:29	7:11	
10	Tue	10:51	6.0	11:41	5.8	4:51	1.0	5:12	-0.2	7:27	7:12	
11	Wed	11:42	5.7			5:38	0.6	5:48	0.3	7:26	7:13	
12	Thu	12:13	6.0	12:34	5.3	6:23	0.3	6:24	0.8	7:24	7:14	
13	Fri	12:44	6.0	1:26	4.9	7:08	0.1	7:00	1.4	7:23	7:15	
14	Sat	1:15	6.0	2:22	4.5	7:54	0.1	7:38	2.0	7:21	7:16	
15	Sun	1:48	5.8	3:25	4.2	8:42	0.2	8:19	2.6	7:20	7:17	
16	Mon	2:25	5.6	4:44	3.9	9:37	0.4	9:11	3.0	7:18	7:18	
17	Tue	3:09	5.4	6:21	3.9	10:41	0.5	10:27	3.3	7:17	7:19	
18	Wed	4:05	5.1	7:43	4.1	11:53	0.6			7:15	7:20	
19	Thu	5:13	5.0	8:33	4.2	12:01	3.3	1:00	0.5	7:14	7:21	
20	Fri	6:25	4.9	9:08	4.4	1:15	3.1	1:56	0.4	7:12	7:22	
21	Sat	7:28	5.0	9:35	4.6	2:10	2.8	2:40	0.3	7:11	7:23	
22	Sun	8:24	5.1	9:58	4.8	2:55	2.4	3:17	0.2	7:09	7:23	
23	Mon	9:13	5.2	10:21	5.0	3:34	1.9	3:49	0.2	7:08	7:24	
24	Tue	9:59	5.2	10:44	5.2	4:09	1.5	4:19	0.4	7:06	7:25	
25	Wed	10:45	5.2	11:09	5.5	4:44	1.0	4:49	0.6	7:05	7:26	
26	Thu	11:32	5.1	11:35	5.8	5:19	0.5	5:20	0.9	7:03	7:27	
27	Fri			12:20	5.0	5:56	0.1	5:52	1.4	7:01	7:28	
28	Sat	12:04	6.0	1:13	4.8	6:37	-0.2	6:27	1.8	7:00	7:29	
29	Sun	12:36	6.1	2:10	4.5	7:22	-0.5	7:06	2.3	6:58	7:30	
30	Mon	1:14	6.2	3:16	4.3	8:13	-0.5	7:51	2.7	6:57	7:31	
31	Tue	1:59	6.1	4:33	4.1	9:12	-0.5	8:49	3.0	6:55	7:32	