








## Ocean Beach, outer coast, CA - May 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:52	5.3	6:25	4.8	11:07	-0.5	11:53	2.5	6:13	8:00	
2	Sat	5:11	4.9	7:14	5.1			12:09	-0.2	6:12	8:01	
3	Sun	6:34	4.6	7:56	5.5	1:07	1.9	1:06	0.2	6:11	8:02	
4	Mon	7:51	4.5	8:34	5.8	2:09	1.2	1:56	0.6	6:10	8:03	
5	Tue	9:02	4.5	9:09	6.0	3:02	0.5	2:41	1.0	6:09	8:04	
6	Wed	10:04	4.5	9:42	6.1	3:48	-0.1	3:24	1.5	6:08	8:05	
7	Thu	11:02	4.6	10:14	6.2	4:31	-0.5	4:05	1.9	6:07	8:06	
8	Fri	11:55	4.6	10:45	6.1	5:10	-0.7	4:45	2.3	6:06	8:07	
9	Sat			12:44	4.6	5:47	-0.9	5:25	2.7	6:05	8:07	
10	Sun			1:32	4.5	6:24	-0.9	6:06	2.9	6:04	8:08	
11	Mon			2:19	4.5	7:02	-0.8	6:48	3.1	6:03	8:09	
12	Tue	12:25	5.7	3:06	4.4	7:42	-0.6	7:33	3.2	6:02	8:10	
13	Wed	1:04	5.4	3:54	4.3	8:24	-0.4	8:26	3.2	6:01	8:11	
14	Thu	1:48	5.1	4:43	4.3	9:09	-0.2	9:33	3.2	6:00	8:12	
15	Fri	2:37	4.8	5:29	4.4	9:57	0.1	10:50	3.0	5:59	8:13	
16	Sat	3:36	4.4	6:09	4.5	10:48	0.3			5:58	8:14	
17	Sun	4:46	4.1	6:45	4.8	12:02	2.7	11:38 AM	0.6	5:58	8:14	
18	Mon	6:05	3.9	7:17	5.1	1:02	2.1	12:26	0.9	5:57	8:15	
19	Tue	7:23	3.9	7:48	5.4	1:51	1.5	1:12	1.2	5:56	8:16	
20	Wed	8:36	4.0	8:20	5.8	2:34	0.8	1:57	1.6	5:55	8:17	
21	Thu	9:41	4.2	8:54	6.1	3:15	0.1	2:41	2.0	5:55	8:18	
22	Fri	10:41	4.4	9:31	6.4	3:56	-0.5	3:25	2.3	5:54	8:19	
23	Sat	11:37	4.6	10:12	6.7	4:38	-1.1	4:10	2.6	5:53	8:19	
24	Sun			12:30	4.7	5:23	-1.5	4:58	2.8	5:53	8:20	
25	Mon			1:22	4.8	6:10	-1.7	5:49	2.9	5:52	8:21	
26	Tue			2:14	4.9	6:59	-1.8	6:44	2.9	5:52	8:22	
27	Wed	12:36	6.6	3:06	4.9	7:50	-1.6	7:47	2.9	5:51	8:22	
28	Thu	1:31	6.2	3:58	5.0	8:43	-1.3	9:00	2.7	5:51	8:23	
29	Fri	2:33	5.7	4:49	5.2	9:37	-0.8	10:21	2.4	5:50	8:24	
30	Sat	3:41	5.1	5:38	5.4	10:32	-0.3	11:42	2.0	5:50	8:25	
31	Sun	5:00	4.5	6:25	5.7	11:27	0.3			5:49	8:25	