
































## Ocean Beach, outer coast, CA - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:26	4.1	7:08	5.9	12:54	1.3	12:22	0.9	5:49	8:26	
2	Tue	7:52	4.0	7:49	6.1	1:56	0.7	1:14	1.5	5:49	8:27	
3	Wed	9:09	4.1	8:27	6.3	2:49	0.1	2:05	2.0	5:48	8:27	
4	Thu	10:14	4.3	9:04	6.3	3:36	-0.3	2:53	2.4	5:48	8:28	
5	Fri	11:11	4.4	9:39	6.3	4:18	-0.6	3:40	2.8	5:48	8:28	
6	Sat			12:00	4.6	4:56	-0.8	4:24	3.0	5:48	8:29	
7	Sun			12:44	4.6	5:32	-0.8	5:07	3.1	5:47	8:30	
8	Mon			1:25	4.6	6:08	-0.8	5:48	3.2	5:47	8:30	
9	Tue			2:02	4.6	6:43	-0.8	6:29	3.2	5:47	8:31	
10	Wed	12:03	5.8	2:38	4.6	7:19	-0.7	7:12	3.2	5:47	8:31	
11	Thu	12:41	5.6	3:13	4.6	7:54	-0.5	8:00	3.1	5:47	8:32	
12	Fri	1:22	5.3	3:47	4.7	8:31	-0.3	8:56	3.0	5:47	8:32	
13	Sat	2:06	4.9	4:22	4.8	9:09	0.0	10:00	2.8	5:47	8:32	
14	Sun	2:59	4.4	4:57	5.0	9:49	0.4	11:08	2.4	5:47	8:33	
15	Mon	4:05	4.0	5:33	5.2	10:32	0.9			5:47	8:33	
16	Tue	5:28	3.7	6:09	5.6	12:13	1.9	11:19 AM	1.4	5:47	8:34	
17	Wed	7:01	3.6	6:48	5.9	1:10	1.3	12:11	1.9	5:47	8:34	
18	Thu	8:28	3.8	7:29	6.2	2:00	0.5	1:05	2.4	5:47	8:34	
19	Fri	9:40	4.1	8:13	6.6	2:48	-0.2	2:00	2.7	5:48	8:34	
20	Sat	10:40	4.4	9:00	6.9	3:35	-0.8	2:54	2.9	5:48	8:35	
21	Sun	11:33	4.7	9:49	7.1	4:22	-1.3	3:48	3.0	5:48	8:35	
22	Mon			12:21	4.9	5:10	-1.7	4:42	3.0	5:48	8:35	
23	Tue			1:07	5.0	5:58	-1.8	5:38	2.9	5:48	8:35	
24	Wed			1:51	5.2	6:46	-1.8	6:37	2.7	5:49	8:35	
25	Thu	12:27	6.8	2:35	5.3	7:33	-1.5	7:40	2.5	5:49	8:36	
26	Fri	1:24	6.2	3:19	5.5	8:19	-1.0	8:49	2.2	5:49	8:36	
27	Sat	2:23	5.6	4:03	5.7	9:06	-0.4	10:02	1.9	5:50	8:36	
28	Sun	3:31	4.8	4:48	5.9	9:54	0.3	11:18	1.5	5:50	8:36	
29	Mon	4:50	4.2	5:34	6.1	10:45	1.1			5:51	8:36	
30	Tue	6:22	3.9	6:20	6.2	12:30	1.0	11:40 AM	1.8	5:51	8:36	