



























Ocean Beach, outer coast, CA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:03	4.6	8:10	6.1	2:57	0.1	2:26	3.3	6:13	8:18	
2	Sun	10:44	4.7	8:56	6.2	3:41	-0.1	3:16	3.2	6:14	8:17	
3	Mon	11:19	4.8	9:38	6.2	4:19	-0.2	3:59	3.1	6:15	8:16	
4	Tue	11:48	4.9	10:18	6.2	4:53	-0.2	4:37	2.9	6:16	8:15	
5	Wed			12:14	4.9	5:24	-0.2	5:13	2.7	6:17	8:14	
6	Thu			12:38	5.0	5:52	-0.2	5:49	2.5	6:18	8:13	
7	Fri			1:02	5.2	6:19	0.0	6:25	2.3	6:19	8:12	
8	Sat	12:11	5.6	1:26	5.3	6:46	0.3	7:03	2.1	6:19	8:11	
9	Sun	12:51	5.3	1:52	5.5	7:14	0.6	7:46	1.9	6:20	8:10	
10	Mon	1:36	4.9	2:21	5.7	7:44	1.1	8:34	1.6	6:21	8:08	
11	Tue	2:30	4.5	2:54	5.8	8:18	1.6	9:30	1.4	6:22	8:07	
12	Wed	3:39	4.1	3:33	6.0	8:56	2.2	10:36	1.1	6:23	8:06	
13	Thu	5:13	3.8	4:22	6.1	9:46	2.8	11:49	0.7	6:24	8:05	
14	Fri	7:00	3.9	5:21	6.2	10:54	3.2			6:25	8:04	
15	Sat	8:24	4.2	6:27	6.5	1:01	0.3	12:17	3.4	6:26	8:02	
16	Sun	9:20	4.5	7:32	6.7	2:04	-0.2	1:33	3.3	6:26	8:01	
17	Mon	10:04	4.8	8:34	6.9	2:59	-0.6	2:37	2.9	6:27	8:00	
18	Tue	10:42	5.1	9:32	7.0	3:48	-0.9	3:34	2.5	6:28	7:58	
19	Wed	11:19	5.4	10:27	6.9	4:33	-0.9	4:28	2.0	6:29	7:57	
20	Thu	11:55	5.7	11:22	6.7	5:15	-0.8	5:21	1.6	6:30	7:56	
21	Fri			12:30	5.9	5:55	-0.4	6:13	1.2	6:31	7:54	
22	Sat	12:16	6.2	1:06	6.1	6:35	0.1	7:06	0.9	6:32	7:53	
23	Sun	1:11	5.7	1:42	6.2	7:14	0.7	8:01	0.8	6:32	7:52	
24	Mon	2:10	5.1	2:20	6.2	7:55	1.4	8:59	0.7	6:33	7:50	
25	Tue	3:17	4.6	3:01	6.1	8:39	2.1	10:02	0.7	6:34	7:49	
26	Wed	4:38	4.3	3:48	6.0	9:32	2.8	11:12	0.8	6:35	7:48	
27	Thu	6:16	4.2	4:43	5.8	10:43	3.2			6:36	7:46	
28	Fri	7:45	4.3	5:46	5.7	12:24	0.7	12:06	3.4	6:37	7:45	
29	Sat	8:47	4.6	6:49	5.7	1:29	0.6	1:19	3.4	6:37	7:43	
30	Sun	9:30	4.7	7:47	5.7	2:24	0.4	2:16	3.2	6:38	7:42	
31	Mon	10:04	4.8	8:36	5.8	3:08	0.3	3:02	2.9	6:39	7:40	