

































Ocean Beach, outer coast, CA - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:59	5.3	9:48	5.3	3:31	0.7	3:56	1.5	7:06	6:53	
2	Fri	10:21	5.5	10:33	5.3	4:01	0.9	4:30	1.1	7:06	6:51	
3	Sat	10:45	5.7	11:18	5.2	4:30	1.2	5:03	0.7	7:07	6:50	
4	Sun	11:11	6.0			4:59	1.5	5:38	0.3	7:08	6:48	
5	Mon	12:06	5.1	11:39 AM	6.1	5:31	1.9	6:16	0.0	7:09	6:47	
6	Tue	12:56	4.9	12:10	6.2	6:04	2.3	6:58	-0.2	7:10	6:45	
7	Wed	1:51	4.8	12:46	6.3	6:42	2.7	7:45	-0.3	7:11	6:44	
8	Thu	2:53	4.6	1:29	6.2	7:25	3.0	8:40	-0.2	7:12	6:42	
9	Fri	4:04	4.4	2:22	6.0	8:19	3.3	9:44	-0.1	7:13	6:41	
10	Sat	5:21	4.4	3:27	5.8	9:35	3.5	10:55	0.0	7:14	6:39	
11	Sun	6:30	4.6	4:44	5.6	11:11	3.3			7:15	6:38	
12	Mon	7:24	4.9	6:05	5.5	12:06	0.0	12:36	2.9	7:16	6:36	
13	Tue	8:07	5.2	7:21	5.5	1:08	0.0	1:43	2.2	7:16	6:35	
14	Wed	8:45	5.6	8:29	5.5	2:01	0.2	2:39	1.5	7:17	6:33	
15	Thu	9:20	5.9	9:32	5.5	2:47	0.4	3:29	0.8	7:18	6:32	
16	Fri	9:54	6.2	10:30	5.4	3:29	0.8	4:15	0.2	7:19	6:31	
17	Sat	10:27	6.4	11:26	5.3	4:10	1.2	4:59	-0.3	7:20	6:29	
18	Sun	11:00	6.5			4:49	1.7	5:42	-0.5	7:21	6:28	
19	Mon	12:21	5.2	11:33 AM	6.5	5:29	2.2	6:24	-0.6	7:22	6:27	
20	Tue	1:15	5.0	12:07	6.3	6:11	2.6	7:07	-0.5	7:23	6:25	
21	Wed	2:10	4.8	12:43	6.1	6:54	3.0	7:52	-0.3	7:24	6:24	
22	Thu	3:08	4.7	1:23	5.8	7:43	3.3	8:40	0.0	7:25	6:23	
23	Fri	4:11	4.6	2:09	5.4	8:43	3.5	9:35	0.3	7:26	6:21	
24	Sat	5:18	4.5	3:05	5.1	10:01	3.5	10:35	0.5	7:27	6:20	
25	Sun	6:18	4.6	4:11	4.8	11:25	3.4	11:37	0.7	7:28	6:19	
26	Mon	7:04	4.7	5:25	4.6			12:35	3.0	7:29	6:18	
27	Tue	7:39	4.9	6:37	4.5	12:32	0.8	1:31	2.5	7:30	6:17	
28	Wed	8:07	5.1	7:43	4.5	1:19	0.9	2:16	2.0	7:31	6:15	
29	Thu	8:33	5.3	8:42	4.6	2:00	1.1	2:56	1.4	7:32	6:14	
30	Fri	8:59	5.6	9:36	4.7	2:36	1.3	3:31	0.9	7:33	6:13	
31	Sat	9:25	5.9	10:28	4.8	3:11	1.6	4:06	0.3	7:34	6:12	