

































Ocean Beach, outer coast, CA - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:56	6.1	11:34	6.2	4:49	0.6	5:07	-0.1	6:41	6:03	
2	Tue	11:51	5.7			5:40	0.2	5:47	0.5	6:39	6:04	
3	Wed	12:10	6.3	12:49	5.2	6:32	0.1	6:28	1.2	6:38	6:05	
4	Thu	12:49	6.3	1:52	4.7	7:27	0.0	7:12	1.8	6:36	6:06	
5	Fri	1:30	6.2	3:06	4.2	8:27	0.1	8:03	2.4	6:35	6:07	
6	Sat	2:17	5.9	4:37	4.1	9:34	0.3	9:11	2.9	6:33	6:08	
7	Sun	3:13	5.6	6:10	4.1	10:48	0.4	10:39	3.1	6:32	6:09	
8	Mon	4:19	5.4	7:19	4.4			12:00	0.4	6:31	6:10	
9	Tue	5:29	5.3	8:07	4.6	12:01	3.1	1:00	0.3	6:29	6:11	
10	Wed	6:33	5.3	8:44	4.7	1:05	2.8	1:49	0.2	6:28	6:12	
11	Thu	7:28	5.3	9:14	4.8	1:55	2.5	2:29	0.1	6:26	6:13	
12	Fri	8:16	5.4	9:39	4.9	2:37	2.1	3:02	0.2	6:25	6:14	
13	Sat	8:59	5.3	10:01	5.1	3:15	1.8	3:32	0.3	6:23	6:15	
14	Sun	10:40	5.3	11:23	5.2	4:49	1.5	4:59	0.5	7:22	7:16	
15	Mon	11:20	5.1	11:45	5.4	5:21	1.1	5:26	0.7	7:20	7:17	
16	Tue			12:01	5.0	5:53	0.8	5:53	1.1	7:19	7:18	
17	Wed	12:09	5.6	12:44	4.8	6:27	0.6	6:21	1.4	7:17	7:19	
18	Thu	12:35	5.7	1:30	4.5	7:03	0.4	6:51	1.8	7:16	7:20	
19	Fri	1:04	5.8	2:23	4.3	7:43	0.2	7:25	2.2	7:14	7:20	
20	Sat	1:37	5.8	3:26	4.0	8:31	0.1	8:05	2.6	7:13	7:21	
21	Sun	2:18	5.7	4:46	3.9	9:28	0.1	8:58	3.0	7:11	7:22	
22	Mon	3:11	5.6	6:13	3.9	10:36	0.1	10:16	3.2	7:09	7:23	
23	Tue	4:17	5.5	7:25	4.2	11:50	0.0	11:50	3.1	7:08	7:24	
24	Wed	5:34	5.5	8:15	4.5			12:59	-0.2	7:06	7:25	
25	Thu	6:51	5.6	8:55	4.9	1:11	2.7	1:57	-0.4	7:05	7:26	
26	Fri	8:01	5.7	9:31	5.2	2:14	2.1	2:47	-0.4	7:03	7:27	
27	Sat	9:05	5.7	10:06	5.6	3:09	1.4	3:32	-0.3	7:02	7:28	
28	Sun	10:05	5.7	10:40	6.0	4:00	0.6	4:14	0.0	7:00	7:29	
29	Mon	11:02	5.6	11:15	6.2	4:49	0.0	4:55	0.4	6:59	7:30	
30	Tue	11:58	5.4	11:51	6.4	5:36	-0.4	5:36	0.9	6:57	7:31	
31	Wed			12:54	5.2	6:23	-0.7	6:17	1.5	6:56	7:32	