












Ocean Beach, outer coast, CA - May 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:30	6.1	2:48	4.6	7:37	-1.0	7:30	2.9	6:13	8:00	
2	Sun	1:12	5.8	3:44	4.5	8:24	-0.7	8:28	3.0	6:12	8:01	
3	Mon	1:57	5.4	4:43	4.4	9:14	-0.3	9:38	3.1	6:11	8:02	
4	Tue	2:49	5.0	5:40	4.4	10:08	0.0	10:57	2.9	6:10	8:03	
5	Wed	3:49	4.5	6:29	4.5	11:05	0.3			6:09	8:04	
6	Thu	5:00	4.2	7:09	4.7	12:10	2.6	12:00	0.6	6:08	8:04	
7	Fri	6:16	4.0	7:42	4.9	1:12	2.2	12:50	0.8	6:07	8:05	
8	Sat	7:29	3.9	8:11	5.1	2:03	1.7	1:35	1.1	6:06	8:06	
9	Sun	8:34	4.0	8:38	5.4	2:47	1.1	2:15	1.4	6:05	8:07	
10	Mon	9:33	4.1	9:06	5.6	3:25	0.6	2:53	1.7	6:04	8:08	
11	Tue	10:26	4.3	9:36	5.9	4:00	0.1	3:30	2.0	6:03	8:09	
12	Wed	11:16	4.4	10:08	6.1	4:34	-0.3	4:06	2.3	6:02	8:10	
13	Thu			12:04	4.5	5:09	-0.7	4:45	2.5	6:01	8:11	
14	Fri			12:52	4.6	5:47	-1.0	5:25	2.7	6:00	8:12	
15	Sat			1:41	4.6	6:28	-1.2	6:09	2.9	5:59	8:12	
16	Sun	12:02	6.3	2:31	4.6	7:12	-1.3	6:58	3.0	5:58	8:13	
17	Mon	12:48	6.1	3:22	4.6	8:00	-1.2	7:56	3.0	5:58	8:14	
18	Tue	1:40	5.9	4:14	4.7	8:52	-1.0	9:06	2.9	5:57	8:15	
19	Wed	2:40	5.5	5:05	4.9	9:46	-0.7	10:27	2.6	5:56	8:16	
20	Thu	3:49	5.0	5:54	5.2	10:43	-0.3	11:49	2.1	5:55	8:17	
21	Fri	5:10	4.5	6:40	5.5	11:40	0.2			5:55	8:18	
22	Sat	6:36	4.3	7:23	5.9	1:00	1.4	12:36	0.7	5:54	8:18	
23	Sun	7:59	4.2	8:04	6.2	2:01	0.6	1:29	1.2	5:53	8:19	
24	Mon	9:13	4.3	8:44	6.4	2:55	-0.1	2:20	1.7	5:53	8:20	
25	Tue	10:19	4.5	9:24	6.6	3:43	-0.6	3:10	2.1	5:52	8:21	
26	Wed	11:17	4.6	10:03	6.6	4:29	-1.0	3:59	2.4	5:52	8:21	
27	Thu			12:10	4.7	5:12	-1.2	4:47	2.7	5:51	8:22	
28	Fri			1:00	4.8	5:53	-1.2	5:34	2.9	5:51	8:23	
29	Sat			1:47	4.8	6:34	-1.2	6:22	3.0	5:50	8:24	
30	Sun	12:03	6.1	2:31	4.7	7:15	-1.0	7:12	3.0	5:50	8:24	
31	Mon	12:44	5.7	3:15	4.7	7:56	-0.7	8:06	3.0	5:49	8:25	