
































Ocean Beach, outer coast, CA - Jun 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:27	5.4	3:57	4.7	8:38	-0.4	9:06	3.0	5:49	8:26	
2	Wed	2:13	4.9	4:38	4.7	9:20	0.0	10:14	2.8	5:49	8:26	
3	Thu	3:07	4.5	5:16	4.8	10:04	0.4	11:24	2.5	5:48	8:27	
4	Fri	4:11	4.0	5:53	5.0	10:50	0.8			5:48	8:28	
5	Sat	5:28	3.7	6:28	5.2	12:29	2.1	11:37 AM	1.3	5:48	8:28	
6	Sun	6:54	3.6	7:03	5.5	1:24	1.5	12:26	1.7	5:48	8:29	
7	Mon	8:15	3.6	7:38	5.7	2:11	1.0	1:14	2.1	5:47	8:29	
8	Tue	9:24	3.9	8:14	6.0	2:53	0.4	2:01	2.4	5:47	8:30	
9	Wed	10:21	4.1	8:52	6.3	3:32	-0.1	2:47	2.7	5:47	8:31	
10	Thu	11:12	4.4	9:33	6.5	4:11	-0.6	3:32	2.9	5:47	8:31	
11	Fri	11:59	4.6	10:16	6.6	4:50	-1.0	4:18	3.0	5:47	8:31	
12	Sat			12:43	4.7	5:32	-1.3	5:06	3.0	5:47	8:32	
13	Sun			1:27	4.9	6:14	-1.5	5:56	2.9	5:47	8:32	
14	Mon			2:10	5.0	6:59	-1.5	6:51	2.8	5:47	8:33	
15	Tue	12:39	6.4	2:53	5.1	7:44	-1.4	7:52	2.6	5:47	8:33	
16	Wed	1:33	6.0	3:37	5.3	8:30	-1.0	9:00	2.4	5:47	8:34	
17	Thu	2:34	5.4	4:22	5.5	9:18	-0.5	10:16	2.0	5:47	8:34	
18	Fri	3:43	4.8	5:07	5.8	10:08	0.2	11:33	1.5	5:47	8:34	
19	Sat	5:05	4.2	5:54	6.1	11:01	0.9			5:47	8:34	
20	Sun	6:37	3.9	6:41	6.3	12:45	0.9	11:58 AM	1.5	5:48	8:35	
21	Mon	8:08	4.0	7:27	6.5	1:48	0.3	12:57	2.1	5:48	8:35	
22	Tue	9:24	4.2	8:13	6.6	2:44	-0.3	1:56	2.5	5:48	8:35	
23	Wed	10:27	4.5	8:58	6.6	3:34	-0.6	2:52	2.8	5:48	8:35	
24	Thu	11:19	4.7	9:42	6.6	4:19	-0.9	3:45	3.0	5:49	8:35	
25	Fri			12:06	4.8	5:01	-1.0	4:35	3.0	5:49	8:35	
26	Sat			12:47	4.9	5:40	-1.0	5:21	3.0	5:49	8:36	
27	Sun			1:25	4.9	6:17	-0.9	6:06	3.0	5:50	8:36	
28	Mon			2:00	4.9	6:52	-0.7	6:51	2.9	5:50	8:36	
29	Tue	12:23	5.8	2:32	4.9	7:26	-0.5	7:37	2.9	5:51	8:36	
30	Wed	1:03	5.4	3:03	4.9	8:00	-0.2	8:27	2.7	5:51	8:36	