
























Ocean Beach, outer coast, CA - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:45	5.0	3:34	5.0	8:34	0.2	9:23	2.6	5:51	8:36	
2	Fri	2:33	4.5	4:06	5.2	9:09	0.7	10:25	2.3	5:52	8:35	
3	Sat	3:32	4.0	4:41	5.3	9:47	1.2	11:30	2.0	5:52	8:35	
4	Sun	4:48	3.7	5:19	5.5	10:30	1.8			5:53	8:35	
5	Mon	6:24	3.5	6:01	5.8	12:33	1.5	11:20 AM	2.3	5:53	8:35	
6	Tue	8:00	3.6	6:45	6.0	1:28	1.0	12:18	2.7	5:54	8:35	
7	Wed	9:15	3.9	7:32	6.3	2:18	0.4	1:18	3.0	5:55	8:34	
8	Thu	10:11	4.2	8:20	6.6	3:03	-0.1	2:15	3.1	5:55	8:34	
9	Fri	10:57	4.5	9:09	6.8	3:47	-0.6	3:09	3.1	5:56	8:34	
10	Sat	11:38	4.8	9:58	7.0	4:31	-1.1	4:00	3.0	5:56	8:33	
11	Sun			12:17	5.0	5:14	-1.3	4:52	2.8	5:57	8:33	
12	Mon			12:56	5.2	5:56	-1.4	5:45	2.6	5:58	8:33	
13	Tue			1:34	5.4	6:39	-1.3	6:41	2.3	5:58	8:32	
14	Wed	12:33	6.5	2:13	5.7	7:21	-1.0	7:40	2.0	5:59	8:32	
15	Thu	1:29	6.0	2:53	5.9	8:04	-0.4	8:45	1.7	6:00	8:31	
16	Fri	2:30	5.3	3:36	6.1	8:48	0.2	9:55	1.3	6:01	8:31	
17	Sat	3:41	4.7	4:21	6.3	9:35	1.0	11:09	1.0	6:01	8:30	
18	Sun	5:06	4.2	5:11	6.4	10:28	1.8			6:02	8:30	
19	Mon	6:44	4.0	6:03	6.5	12:23	0.6	11:31 AM	2.4	6:03	8:29	
20	Tue	8:16	4.1	6:58	6.5	1:31	0.2	12:40	2.8	6:04	8:28	
21	Wed	9:26	4.4	7:52	6.5	2:30	-0.1	1:48	3.1	6:04	8:28	
22	Thu	10:20	4.7	8:42	6.5	3:21	-0.3	2:48	3.1	6:05	8:27	
23	Fri	11:05	4.9	9:29	6.5	4:06	-0.5	3:40	3.1	6:06	8:26	
24	Sat	11:43	5.0	10:11	6.4	4:45	-0.5	4:26	3.0	6:07	8:25	
25	Sun			12:17	5.0	5:21	-0.5	5:08	2.8	6:07	8:25	
26	Mon			12:47	5.0	5:53	-0.4	5:48	2.7	6:08	8:24	
27	Tue			1:14	5.1	6:23	-0.2	6:27	2.5	6:09	8:23	
28	Wed	12:07	5.7	1:39	5.1	6:52	0.0	7:06	2.4	6:10	8:22	
29	Thu	12:45	5.4	2:04	5.3	7:21	0.4	7:48	2.2	6:11	8:21	
30	Fri	1:26	5.0	2:31	5.4	7:50	0.8	8:34	2.1	6:12	8:20	
31	Sat	2:12	4.6	3:01	5.5	8:21	1.3	9:26	1.9	6:12	8:19	