









Ocean Beach, outer coast, CA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:09	4.1	3:36	5.6	8:55	1.8	10:26	1.7	6:13	8:18	
2	Mon	4:25	3.8	4:17	5.7	9:35	2.4	11:34	1.4	6:14	8:17	
3	Tue	6:06	3.7	5:06	5.9	10:29	2.9			6:15	8:16	
4	Wed	7:48	3.8	6:02	6.1	12:41	0.9	11:39 AM	3.2	6:16	8:15	
5	Thu	8:58	4.1	7:00	6.3	1:41	0.4	12:54	3.3	6:17	8:14	
6	Fri	9:46	4.4	7:58	6.6	2:34	-0.1	1:59	3.2	6:18	8:13	
7	Sat	10:26	4.7	8:53	6.8	3:22	-0.5	2:56	3.0	6:18	8:12	
8	Sun	11:03	5.0	9:47	7.0	4:07	-0.9	3:49	2.6	6:19	8:11	
9	Mon	11:38	5.3	10:41	7.0	4:49	-1.0	4:41	2.2	6:20	8:10	
10	Tue			12:14	5.6	5:31	-1.0	5:33	1.8	6:21	8:09	
11	Wed			12:50	5.9	6:11	-0.7	6:27	1.3	6:22	8:08	
12	Thu	12:29	6.3	1:27	6.2	6:52	-0.2	7:23	1.0	6:23	8:06	
13	Fri	1:27	5.8	2:07	6.4	7:33	0.5	8:23	0.8	6:24	8:05	
14	Sat	2:30	5.2	2:49	6.4	8:17	1.2	9:28	0.7	6:24	8:04	
15	Sun	3:42	4.6	3:36	6.4	9:06	1.9	10:39	0.6	6:25	8:03	
16	Mon	5:09	4.3	4:30	6.3	10:05	2.6	11:54	0.5	6:26	8:01	
17	Tue	6:46	4.2	5:30	6.2	11:19	3.0			6:27	8:00	
18	Wed	8:09	4.5	6:34	6.1	1:06	0.3	12:40	3.2	6:28	7:59	
19	Thu	9:09	4.7	7:35	6.1	2:08	0.2	1:49	3.1	6:29	7:57	
20	Fri	9:55	4.9	8:29	6.1	3:00	0.0	2:46	3.0	6:30	7:56	
21	Sat	10:33	5.0	9:17	6.1	3:43	0.0	3:33	2.7	6:30	7:55	
22	Sun	11:05	5.1	9:59	6.0	4:19	0.0	4:15	2.5	6:31	7:53	
23	Mon	11:33	5.1	10:39	5.9	4:52	0.1	4:52	2.3	6:32	7:52	
24	Tue	11:57	5.2	11:18	5.7	5:21	0.2	5:28	2.0	6:33	7:51	
25	Wed			12:19	5.3	5:48	0.5	6:02	1.8	6:34	7:49	
26	Thu			12:42	5.4	6:15	0.8	6:37	1.6	6:35	7:48	
27	Fri	12:35	5.2	1:06	5.6	6:42	1.1	7:13	1.5	6:36	7:46	
28	Sat	1:18	4.9	1:32	5.7	7:10	1.6	7:54	1.3	6:36	7:45	
29	Sun	2:05	4.6	2:03	5.7	7:40	2.0	8:40	1.2	6:37	7:44	
30	Mon	3:04	4.2	2:39	5.7	8:14	2.5	9:35	1.1	6:38	7:42	
31	Tue	4:21	4.0	3:25	5.8	8:57	2.9	10:42	1.0	6:39	7:41	