

































## Ocean Beach, outer coast, CA - Jan 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:37	6.8	9:53	4.9	1:31	2.8	2:56	-0.8	7:25	5:01	
2	Sun	8:25	6.8	10:38	5.0	2:27	2.9	3:39	-1.0	7:25	5:02	
3	Mon	9:10	6.7	11:20	5.1	3:19	2.9	4:20	-1.0	7:25	5:03	
4	Tue	9:53	6.5	11:58	5.2	4:07	2.8	4:58	-0.9	7:25	5:04	
5	Wed	10:34	6.2			4:53	2.8	5:33	-0.7	7:25	5:05	
6	Thu	12:33	5.2	11:14 AM	5.9	5:37	2.7	6:07	-0.4	7:25	5:06	
7	Fri	1:05	5.2	11:54 AM	5.5	6:22	2.6	6:41	-0.1	7:25	5:07	
8	Sat	1:36	5.2	12:36	5.1	7:10	2.5	7:14	0.4	7:25	5:07	
9	Sun	2:07	5.2	1:23	4.6	8:02	2.4	7:48	0.9	7:25	5:08	
10	Mon	2:39	5.3	2:20	4.1	9:02	2.2	8:25	1.4	7:25	5:09	
11	Tue	3:15	5.4	3:36	3.7	10:09	1.9	9:08	2.0	7:25	5:10	
12	Wed	3:55	5.5	5:16	3.5	11:16	1.5	10:02	2.5	7:24	5:11	
13	Thu	4:40	5.6	6:57	3.6			12:17	1.1	7:24	5:12	
14	Fri	5:29	5.8	8:09	3.9			1:08	0.6	7:24	5:13	
15	Sat	6:19	6.1	8:59	4.3	12:13	3.1	1:54	0.1	7:24	5:14	
16	Sun	7:08	6.3	9:40	4.6	1:11	3.2	2:35	-0.4	7:23	5:15	
17	Mon	7:56	6.6	10:17	4.8	2:03	3.1	3:15	-0.8	7:23	5:16	
18	Tue	8:44	6.7	10:52	5.0	2:50	2.9	3:54	-1.1	7:22	5:17	
19	Wed	9:32	6.8	11:27	5.2	3:37	2.6	4:33	-1.2	7:22	5:19	
20	Thu	10:20	6.8			4:25	2.3	5:12	-1.2	7:22	5:20	
21	Fri	12:02	5.5	11:10 AM	6.5	5:15	2.0	5:51	-0.9	7:21	5:21	
22	Sat	12:39	5.7	12:02	6.1	6:08	1.7	6:31	-0.4	7:21	5:22	
23	Sun	1:17	5.9	12:59	5.5	7:06	1.4	7:13	0.2	7:20	5:23	
24	Mon	1:57	6.1	2:05	4.8	8:10	1.2	7:58	0.9	7:19	5:24	
25	Tue	2:42	6.2	3:25	4.2	9:22	0.9	8:49	1.7	7:19	5:25	
26	Wed	3:32	6.3	5:02	4.0	10:39	0.6	9:52	2.3	7:18	5:26	
27	Thu	4:28	6.3	6:41	4.1	11:54	0.3	11:08	2.8	7:17	5:27	
28	Fri	5:28	6.3	7:57	4.4			1:00	-0.1	7:17	5:28	
29	Sat	6:29	6.4	8:54	4.7	12:25	3.0	1:57	-0.3	7:16	5:30	
30	Sun	7:25	6.4	9:39	4.9	1:31	2.9	2:44	-0.5	7:15	5:31	
31	Mon	8:16	6.4	10:18	5.1	2:27	2.8	3:26	-0.6	7:14	5:32	