

































Ocean Beach, outer coast, CA - Jan 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:24	5.5	5:17	3.7	11:31	1.6	10:32	2.1	7:25	5:01	
2	Mon	5:07	5.6	6:51	3.7			12:30	1.1	7:25	5:02	
3	Tue	5:51	5.8	8:03	4.0			1:21	0.7	7:25	5:03	
4	Wed	6:34	5.9	8:57	4.2	12:30	2.8	2:05	0.3	7:25	5:04	
5	Thu	7:16	6.1	9:40	4.5	1:22	3.0	2:43	0.0	7:25	5:04	
6	Fri	7:57	6.2	10:17	4.6	2:09	3.0	3:19	-0.3	7:25	5:05	
7	Sat	8:38	6.4	10:51	4.8	2:51	3.0	3:52	-0.5	7:25	5:06	
8	Sun	9:18	6.4	11:24	4.9	3:31	2.9	4:25	-0.7	7:25	5:07	
9	Mon	9:59	6.4	11:56	5.1	4:10	2.8	4:58	-0.8	7:25	5:08	
10	Tue	10:40	6.3			4:51	2.6	5:33	-0.8	7:25	5:09	
11	Wed	12:29	5.2	11:23 AM	6.1	5:36	2.4	6:08	-0.6	7:25	5:10	
12	Thu	1:03	5.4	12:11	5.7	6:25	2.2	6:46	-0.3	7:25	5:11	
13	Fri	1:40	5.6	1:04	5.2	7:20	2.0	7:26	0.2	7:24	5:12	
14	Sat	2:19	5.8	2:08	4.7	8:22	1.7	8:11	0.9	7:24	5:13	
15	Sun	3:02	6.0	3:28	4.2	9:34	1.3	9:02	1.5	7:24	5:14	
16	Mon	3:51	6.1	5:05	3.9	10:49	0.9	10:03	2.1	7:23	5:15	
17	Tue	4:45	6.3	6:41	4.0			12:02	0.4	7:23	5:16	
18	Wed	5:43	6.5	7:58	4.4			1:05	-0.2	7:23	5:17	
19	Thu	6:41	6.7	8:57	4.7	12:27	2.8	2:01	-0.6	7:22	5:18	
20	Fri	7:37	6.8	9:46	5.0	1:33	2.8	2:51	-0.9	7:22	5:19	
21	Sat	8:30	6.8	10:29	5.2	2:32	2.7	3:36	-1.0	7:21	5:20	
22	Sun	9:19	6.8	11:08	5.4	3:25	2.5	4:18	-1.0	7:21	5:22	
23	Mon	10:06	6.5	11:45	5.5	4:15	2.3	4:57	-0.9	7:20	5:23	
24	Tue	10:52	6.2			5:03	2.1	5:34	-0.6	7:19	5:24	
25	Wed	12:20	5.5	11:36 AM	5.8	5:50	2.0	6:09	-0.2	7:19	5:25	
26	Thu	12:53	5.5	12:21	5.3	6:37	1.9	6:44	0.3	7:18	5:26	
27	Fri	1:26	5.5	1:08	4.8	7:26	1.8	7:20	0.9	7:17	5:27	
28	Sat	1:59	5.5	2:02	4.3	8:20	1.7	7:57	1.5	7:17	5:28	
29	Sun	2:34	5.5	3:09	3.8	9:21	1.6	8:39	2.0	7:16	5:29	
30	Mon	3:14	5.5	4:40	3.6	10:29	1.5	9:32	2.5	7:15	5:30	
31	Tue	4:01	5.5	6:26	3.6	11:37	1.2	10:41	2.9	7:14	5:31	