



































## Ocean Beach, outer coast, CA - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:05	5.3	3:41	4.0	10:34	2.2	9:53	1.5	7:25	5:01	
2	Sat	4:48	5.4	5:07	3.7	11:39	1.9	10:49	1.9	7:25	5:02	
3	Sun	5:30	5.5	6:34	3.8			12:36	1.4	7:25	5:03	
4	Mon	6:12	5.7	7:47	4.0			1:24	0.9	7:25	5:04	
5	Tue	6:52	5.9	8:43	4.2	12:39	2.5	2:06	0.5	7:25	5:05	
6	Wed	7:32	6.1	9:29	4.5	1:28	2.6	2:43	0.1	7:25	5:05	
7	Thu	8:11	6.3	10:10	4.7	2:13	2.7	3:19	-0.3	7:25	5:06	
8	Fri	8:51	6.4	10:49	4.9	2:55	2.8	3:54	-0.6	7:25	5:07	
9	Sat	9:31	6.5	11:27	5.1	3:36	2.7	4:30	-0.9	7:25	5:08	
10	Sun	10:13	6.6			4:18	2.7	5:08	-1.0	7:25	5:09	
11	Mon	12:05	5.2	10:56 AM	6.5	5:02	2.5	5:47	-1.0	7:25	5:10	
12	Tue	12:43	5.3	11:43 AM	6.2	5:50	2.4	6:28	-0.8	7:25	5:11	
13	Wed	1:23	5.5	12:33	5.8	6:43	2.3	7:11	-0.4	7:24	5:12	
14	Thu	2:05	5.6	1:30	5.3	7:44	2.1	7:57	0.1	7:24	5:13	
15	Fri	2:51	5.8	2:39	4.8	8:53	1.8	8:49	0.7	7:24	5:14	
16	Sat	3:40	5.9	4:02	4.3	10:10	1.5	9:46	1.3	7:23	5:15	
17	Sun	4:32	6.1	5:35	4.1	11:26	1.0	10:51	1.8	7:23	5:16	
18	Mon	5:27	6.3	7:02	4.3			12:35	0.4	7:23	5:17	
19	Tue	6:22	6.5	8:14	4.6			1:34	-0.1	7:22	5:18	
20	Wed	7:14	6.6	9:11	4.9	1:03	2.4	2:25	-0.5	7:22	5:19	
21	Thu	8:05	6.7	10:00	5.1	2:02	2.5	3:12	-0.7	7:21	5:20	
22	Fri	8:52	6.7	10:44	5.3	2:55	2.5	3:54	-0.8	7:21	5:22	
23	Sat	9:37	6.6	11:25	5.3	3:45	2.4	4:33	-0.8	7:20	5:23	
24	Sun	10:19	6.4			4:31	2.3	5:11	-0.7	7:19	5:24	
25	Mon	12:02	5.4	11:01 AM	6.1	5:16	2.3	5:46	-0.4	7:19	5:25	
26	Tue	12:37	5.4	11:41 AM	5.7	6:00	2.2	6:21	-0.1	7:18	5:26	
27	Wed	1:11	5.3	12:22	5.3	6:45	2.2	6:56	0.3	7:17	5:27	
28	Thu	1:44	5.3	1:06	4.8	7:33	2.1	7:32	0.8	7:17	5:28	
29	Fri	2:18	5.3	1:56	4.4	8:26	2.1	8:10	1.3	7:16	5:29	
30	Sat	2:55	5.3	2:59	4.0	9:28	1.9	8:54	1.8	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Sun	<b>3:37</b>	5.3	<b>4:23</b>	3.7	<b>10:35</b>	1.7	<b>9:48</b>	2.3	7:14	5:32	