US HARBORS www.USHarbors.com

Ocean Beach, outer coast, CA - Jan 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:59	6.4	8:34	4.5	12:33	2.0	2:04	0.1	7:25	5:01	
2	Wed	7:41	6.5	9:33	4.7	1:27	2.3	2:49	-0.3	7:25	5:02	
3	Thu	8:20	6.5	10:22	4.8	2:17	2.6	3:30	-0.5	7:25	5:03	
4	Fri	8:57	6.5	11:07	4.9	3:04	2.8	4:07	-0.6	7:25	5:04	
5	Sat	9:34	6.4	11:46	5.0	3:47	3.0	4:42	-0.7	7:25	5:05	
6	Sun	10:09	6.2			4:28	3.0	5:16	-0.6	7:25	5:06	
7	Mon	12:22	4.9	10:45 AM	6.1	5:08	3.1	5:49	-0.5	7:25	5:07	
8	Tue	12:56	4.9	11:20 AM	5.8	5:47	3.0	6:23	-0.3	7:25	5:07	
9	Wed	1:29	4.9	11:58 AM	5.5	6:28	3.0	6:57	-0.1	7:25	5:08	
10	Thu	2:02	4.9	12:38	5.2	7:14	2.9	7:33	0.2	7:25	5:09	
11	Fri	2:36	5.0	1:24	4.7	8:08	2.8	8:11	0.6	7:25	5:10	
12	Sat	3:13	5.1	2:20	4.3	9:11	2.6	8:53	1.0	7:24	5:11	
13	Sun	3:52	5.2	3:36	3.9	10:20	2.3	9:41	1.5	7:24	5:12	
14	Mon	4:34	5.4	5:10	3.7	11:27	1.8	10:36	2.0	7:24	5:13	
15	Tue	5:17	5.7	6:44	3.8			12:25	1.2	7:24	5:14	
16	Wed	6:02	6.0	8:00	4.1			1:16	0.5	7:23	5:15	
17	Thu	6:49	6.3	9:00	4.5	12:36	2.7	2:04	-0.2	7:23	5:16	
18	Fri	7:36	6.7	9:50	4.8	1:32	2.8	2:49	-0.8	7:22	5:18	
19	Sat	8:25	6.9	10:37	5.1	2:25	2.8	3:35	-1.2	7:22	5:19	
20	Sun	9:14	7.1	11:20	5.3	3:17	2.7	4:20	-1.5	7:22	5:20	
21	Mon	10:04	7.1			4:08	2.6	5:06	-1.6	7:21	5:21	
22	Tue	12:03	5.4	10:55 AM	7.0	5:01	2.4	5:51	-1.4	7:20	5:22	
23	Wed	12:46	5.6	11:48 AM	6.6	5:56	2.2	6:37	-1.1	7:20	5:23	
24	Thu	1:29	5.7	12:44	6.1	6:55	2.0	7:23	-0.5	7:19	5:24	
25	Fri	2:13	5.8	1:45	5.4	8:01	1.8	8:11	0.2	7:19	5:25	
26	Sat	3:00	5.9	2:56	4.7	9:13	1.6	9:02	0.9	7:18	5:26	
27	Sun	3:49	6.0	4:22	4.2	10:29	1.3	10:01	1.6	7:17	5:27	
28	Mon	4:40	6.0	5:59	4.0	11:43	0.9	11:06	2.2	7:17	5:28	
29	Tue	5:33	6.1	7:27	4.2			12:49	0.5	7:16	5:30	
30	Wed	6:25	6.1	8:34	4.5	12:14	2.6	1:45	0.1	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	**7:13**	6.2	**9:26**	4.7	**1:16**	2.8	**2:32**	-0.2	7:14	5:32	