

































Ocean Beach, outer coast, CA - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:47	5.6	9:02	4.8	1:09	2.9	2:04	0.1	6:41	6:03	
2	Sat	7:38	5.6	9:38	4.9	2:03	2.7	2:46	-0.1	6:39	6:04	
3	Sun	8:24	5.7	10:09	4.9	2:47	2.5	3:22	-0.1	6:38	6:05	
4	Mon	9:05	5.7	10:36	5.0	3:25	2.3	3:55	-0.1	6:37	6:06	
5	Tue	9:43	5.7	11:01	5.0	4:00	2.1	4:24	0.0	6:35	6:07	
6	Wed	10:21	5.6	11:25	5.1	4:32	1.8	4:53	0.1	6:34	6:08	
7	Thu	10:58	5.4	11:49	5.2	5:04	1.6	5:20	0.3	6:32	6:09	
8	Fri	11:37	5.2			5:38	1.4	5:49	0.6	6:31	6:10	
9	Sat	12:15	5.3	12:18	4.9	6:14	1.2	6:19	1.0	6:29	6:11	
10	Sun	12:43	5.4	2:05	4.6	7:54	1.0	7:52	1.5	7:28	7:12	
11	Mon	2:14	5.4	3:03	4.2	8:41	0.9	8:30	2.0	7:26	7:13	
12	Tue	2:51	5.5	4:19	4.0	9:36	0.8	9:17	2.5	7:25	7:14	
13	Wed	3:37	5.5	5:53	3.9	10:43	0.6	10:23	2.9	7:23	7:15	
14	Thu	4:34	5.5	7:23	4.1	11:56	0.3	11:48	3.0	7:22	7:16	
15	Fri	5:43	5.6	8:28	4.4			1:07	0.0	7:20	7:17	
16	Sat	6:54	5.8	9:16	4.7	1:08	2.9	2:08	-0.4	7:19	7:17	
17	Sun	8:00	6.0	9:57	5.1	2:13	2.6	3:02	-0.7	7:17	7:18	
18	Mon	9:01	6.2	10:35	5.4	3:09	2.1	3:50	-0.9	7:16	7:19	
19	Tue	9:58	6.3	11:12	5.6	4:01	1.5	4:35	-0.8	7:14	7:20	
20	Wed	10:53	6.3	11:48	5.9	4:50	1.0	5:17	-0.6	7:13	7:21	
21	Thu	11:47	6.0			5:39	0.5	5:59	-0.2	7:11	7:22	
22	Fri	12:25	6.0	12:42	5.7	6:29	0.2	6:40	0.4	7:10	7:23	
23	Sat	1:02	6.1	1:38	5.3	7:19	0.0	7:23	1.0	7:08	7:24	
24	Sun	1:40	6.0	2:39	4.8	8:11	-0.1	8:09	1.7	7:07	7:25	
25	Mon	2:20	5.9	3:48	4.5	9:07	0.0	9:01	2.3	7:05	7:26	
26	Tue	3:05	5.6	5:10	4.2	10:09	0.2	10:08	2.7	7:04	7:27	
27	Wed	3:57	5.3	6:38	4.3	11:17	0.3	11:32	3.0	7:02	7:28	
28	Thu	4:59	5.1	7:51	4.4			12:27	0.3	7:01	7:29	
29	Fri	6:09	4.9	8:43	4.6	12:53	2.9	1:30	0.3	6:59	7:30	
30	Sat	7:15	4.9	9:23	4.8	1:57	2.7	2:22	0.3	6:58	7:30	
31	Sun	8:13	5.0	9:55	4.9	2:47	2.4	3:06	0.2	6:56	7:31	