US HARBORS www.USHarbors.com

Ocean Beach, outer coast, CA - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**11:37**	4.7	**10:08**	6.8	**4:36**	-0.8	**4:08**	2.8	5:51	8:36	
2	Tue			**12:24**	4.9	**5:18**	-1.2	**4:56**	2.9	5:52	8:35	
3	Wed			**1:10**	5.1	**6:02**	-1.4	**5:46**	2.9	5:52	8:35	
4	Thu			**1:55**	5.2	**6:47**	-1.5	**6:40**	2.8	5:53	8:35	
5	Fri	**12:31**	6.6	**2:40**	5.3	**7:34**	-1.3	**7:39**	2.7	5:53	8:35	
6	Sat	**1:24**	6.3	**3:26**	5.5	**8:22**	-1.0	**8:45**	2.5	5:54	8:35	
7	Sun	**2:23**	5.8	**4:14**	5.6	**9:11**	-0.5	**9:59**	2.2	5:55	8:34	
8	Mon	**3:30**	5.1	**5:02**	5.8	**10:03**	0.1	**11:16**	1.8	5:55	8:34	
9	Tue	**4:48**	4.6	**5:51**	6.1	**10:58**	0.7			5:56	8:34	
10	Wed	**6:17**	4.2	**6:39**	6.3	**12:31**	1.3	**11:56 AM**	1.4	5:56	8:34	
11	Thu	**7:46**	4.2	**7:27**	6.5	**1:37**	0.7	**12:56**	1.9	5:57	8:33	
12	Fri	**9:04**	4.3	**8:12**	6.6	**2:34**	0.1	**1:54**	2.3	5:58	8:33	
13	Sat	**10:08**	4.6	**8:56**	6.6	**3:24**	-0.3	**2:49**	2.6	5:58	8:32	
14	Sun	**11:02**	4.8	**9:38**	6.6	**4:09**	-0.5	**3:40**	2.8	5:59	8:32	
15	Mon	**11:49**	4.9	**10:19**	6.5	**4:50**	-0.6	**4:28**	3.0	6:00	8:31	
16	Tue			**12:31**	5.0	**5:29**	-0.7	**5:13**	3.0	6:00	8:31	
17	Wed			**1:09**	5.0	**6:05**	-0.6	**5:55**	3.0	6:01	8:30	
18	Thu			**1:44**	5.0	**6:40**	-0.5	**6:37**	3.0	6:02	8:30	
19	Fri	**12:13**	5.9	**2:16**	5.0	**7:14**	-0.3	**7:19**	2.9	6:03	8:29	
20	Sat	**12:51**	5.6	**2:48**	5.0	**7:48**	-0.1	**8:04**	2.8	6:03	8:28	
21	Sun	**1:31**	5.3	**3:20**	5.1	**8:23**	0.2	**8:55**	2.7	6:04	8:28	
22	Mon	**2:16**	4.9	**3:54**	5.2	**8:59**	0.6	**9:53**	2.5	6:05	8:27	
23	Tue	**3:09**	4.4	**4:31**	5.3	**9:38**	1.1	**10:58**	2.3	6:06	8:26	
24	Wed	**4:16**	4.0	**5:10**	5.5	**10:22**	1.6			6:07	8:26	
25	Thu	**5:43**	3.8	**5:53**	5.7	**12:03**	1.9	**11:14 AM**	2.1	6:07	8:25	
26	Fri	**7:17**	3.8	**6:38**	5.9	**1:03**	1.4	**12:11**	2.5	6:08	8:24	
27	Sat	**8:38**	4.0	**7:25**	6.2	**1:55**	0.8	**1:11**	2.8	6:09	8:23	
28	Sun	**9:40**	4.4	**8:12**	6.5	**2:43**	0.2	**2:07**	2.9	6:10	8:22	
29	Mon	**10:31**	4.7	**9:01**	6.8	**3:29**	-0.3	**3:00**	2.9	6:11	8:21	
30	Tue	**11:16**	4.9	**9:51**	7.0	**4:14**	-0.8	**3:51**	2.9	6:11	8:21	
31	Wed	**11:58**	5.1	**10:41**	7.1	**4:58**	-1.1	**4:42**	2.7	6:12	8:20	