








Ocean Beach, outer coast, CA - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:37	4.7	10:08	6.8	4:36	-0.8	4:08	2.8	5:51	8:36	
2	Tue			12:24	4.9	5:18	-1.2	4:56	2.9	5:52	8:35	
3	Wed			1:10	5.1	6:02	-1.4	5:46	2.9	5:52	8:35	
4	Thu			1:55	5.2	6:47	-1.5	6:40	2.8	5:53	8:35	
5	Fri	12:31	6.6	2:40	5.3	7:34	-1.3	7:39	2.7	5:53	8:35	
6	Sat	1:24	6.3	3:26	5.5	8:22	-1.0	8:45	2.5	5:54	8:35	
7	Sun	2:23	5.8	4:14	5.6	9:11	-0.5	9:59	2.2	5:55	8:34	
8	Mon	3:30	5.1	5:02	5.8	10:03	0.1	11:16	1.8	5:55	8:34	
9	Tue	4:48	4.6	5:51	6.1	10:58	0.7			5:56	8:34	
10	Wed	6:17	4.2	6:39	6.3	12:31	1.3	11:56 AM	1.4	5:56	8:34	
11	Thu	7:46	4.2	7:27	6.5	1:37	0.7	12:56	1.9	5:57	8:33	
12	Fri	9:04	4.3	8:12	6.6	2:34	0.1	1:54	2.3	5:58	8:33	
13	Sat	10:08	4.6	8:56	6.6	3:24	-0.3	2:49	2.6	5:58	8:32	
14	Sun	11:02	4.8	9:38	6.6	4:09	-0.5	3:40	2.8	5:59	8:32	
15	Mon	11:49	4.9	10:19	6.5	4:50	-0.6	4:28	3.0	6:00	8:31	
16	Tue			12:31	5.0	5:29	-0.7	5:13	3.0	6:00	8:31	
17	Wed			1:09	5.0	6:05	-0.6	5:55	3.0	6:01	8:30	
18	Thu			1:44	5.0	6:40	-0.5	6:37	3.0	6:02	8:30	
19	Fri	12:13	5.9	2:16	5.0	7:14	-0.3	7:19	2.9	6:03	8:29	
20	Sat	12:51	5.6	2:48	5.0	7:48	-0.1	8:04	2.8	6:03	8:28	
21	Sun	1:31	5.3	3:20	5.1	8:23	0.2	8:55	2.7	6:04	8:28	
22	Mon	2:16	4.9	3:54	5.2	8:59	0.6	9:53	2.5	6:05	8:27	
23	Tue	3:09	4.4	4:31	5.3	9:38	1.1	10:58	2.3	6:06	8:26	
24	Wed	4:16	4.0	5:10	5.5	10:22	1.6			6:07	8:26	
25	Thu	5:43	3.8	5:53	5.7	12:03	1.9	11:14 AM	2.1	6:07	8:25	
26	Fri	7:17	3.8	6:38	5.9	1:03	1.4	12:11	2.5	6:08	8:24	
27	Sat	8:38	4.0	7:25	6.2	1:55	0.8	1:11	2.8	6:09	8:23	
28	Sun	9:40	4.4	8:12	6.5	2:43	0.2	2:07	2.9	6:10	8:22	
29	Mon	10:31	4.7	9:01	6.8	3:29	-0.3	3:00	2.9	6:11	8:21	
30	Tue	11:16	4.9	9:51	7.0	4:14	-0.8	3:51	2.9	6:11	8:21	
31	Wed	11:58	5.1	10:41	7.1	4:58	-1.1	4:42	2.7	6:12	8:20	