
































Ocean Beach, outer coast, CA - Dec 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:00	5.0	1:12	5.3	8:00	3.3	8:25	-0.1	7:06	4:51	
2	Mon	3:55	5.0	2:08	4.9	9:15	3.2	9:18	0.3	7:07	4:51	
3	Tue	4:46	5.0	3:13	4.5	10:32	3.0	10:13	0.7	7:08	4:51	
4	Wed	5:31	5.1	4:29	4.2	11:39	2.6	11:07	1.0	7:09	4:51	
5	Thu	6:09	5.3	5:48	4.0			12:35	2.1	7:10	4:51	
6	Fri	6:42	5.5	7:00	4.1			1:22	1.6	7:11	4:51	
7	Sat	7:12	5.7	8:03	4.2	12:42	1.6	2:02	1.0	7:12	4:51	
8	Sun	7:42	5.9	8:58	4.4	1:24	1.9	2:38	0.5	7:12	4:51	
9	Mon	8:12	6.1	9:48	4.5	2:03	2.2	3:12	0.1	7:13	4:51	
10	Tue	8:44	6.3	10:35	4.7	2:41	2.4	3:45	-0.3	7:14	4:51	
11	Wed	9:17	6.4	11:20	4.8	3:19	2.7	4:21	-0.7	7:15	4:51	
12	Thu	9:54	6.5			3:59	2.9	4:58	-0.9	7:16	4:51	
13	Fri	12:06	4.9	10:33 AM	6.5	4:40	3.0	5:39	-1.0	7:16	4:51	
14	Sat	12:52	5.0	11:15 AM	6.4	5:26	3.1	6:22	-1.1	7:17	4:51	
15	Sun	1:40	5.0	12:02	6.2	6:18	3.1	7:09	-0.9	7:18	4:52	
16	Mon	2:29	5.1	12:56	5.8	7:18	3.1	8:00	-0.6	7:18	4:52	
17	Tue	3:19	5.2	1:58	5.4	8:31	2.9	8:54	-0.2	7:19	4:52	
18	Wed	4:09	5.4	3:13	4.9	9:53	2.6	9:51	0.2	7:20	4:53	
19	Thu	4:58	5.7	4:39	4.5	11:12	2.0	10:50	0.8	7:20	4:53	
20	Fri	5:45	6.0	6:08	4.3			12:20	1.2	7:21	4:54	
21	Sat	6:30	6.3	7:29	4.4			1:19	0.5	7:21	4:54	
22	Sun	7:13	6.6	8:39	4.6	12:45	1.7	2:10	-0.2	7:22	4:55	
23	Mon	7:56	6.8	9:40	4.9	1:38	2.1	2:58	-0.7	7:22	4:55	
24	Tue	8:37	6.9	10:34	5.0	2:29	2.4	3:42	-1.0	7:23	4:56	
25	Wed	9:18	6.8	11:24	5.1	3:19	2.7	4:24	-1.1	7:23	4:56	
26	Thu	9:59	6.7			4:07	2.9	5:05	-1.1	7:23	4:57	
27	Fri	12:10	5.2	10:39 AM	6.5	4:54	3.0	5:45	-1.0	7:24	4:58	
28	Sat	12:53	5.1	11:19 AM	6.2	5:42	3.0	6:24	-0.7	7:24	4:58	
29	Sun	1:35	5.1	11:59 AM	5.8	6:31	3.1	7:04	-0.4	7:24	4:59	
30	Mon	2:16	5.0	12:42	5.4	7:24	3.1	7:44	-0.1	7:24	5:00	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	2:56	5.0	1:29	4.9	8:24	3.0	8:27	0.4	7:25	5:00	