US HARBORS www.USHarbors.com

Ocean Beach, outer coast, CA - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:39	5.0	2:25	4.4	9:33	2.8	9:12	0.9	7:25	5:01	
2	Thu	4:18	5.1	3:38	3.9	10:44	2.5	10:00	1.4	7:25	5:02	
3	Fri	4:56	5.3	5:07	3.7	11:49	2.0	10:52	1.8	7:25	5:03	
4	Sat	5:34	5.5	6:38	3.7			12:43	1.5	7:25	5:04	
5	Sun	6:12	5.7	7:55	3.9			1:29	0.9	7:25	5:05	
6	Mon	6:50	6.0	8:55	4.2	12:37	2.6	2:09	0.3	7:25	5:05	
7	Tue	7:29	6.2	9:45	4.5	1:26	2.8	2:47	-0.2	7:25	5:06	
8	Wed	8:09	6.5	10:29	4.8	2:12	3.0	3:25	-0.6	7:25	5:07	
9	Thu	8:50	6.7	11:10	4.9	2:57	3.1	4:04	-1.0	7:25	5:08	
10	Fri	9:33	6.8	11:51	5.1	3:41	3.1	4:44	-1.3	7:25	5:09	
11	Sat	10:18	6.8			4:27	3.0	5:25	-1.4	7:25	5:10	
12	Sun	12:31	5.2	11:05 AM	6.7	5:15	2.8	6:08	-1.3	7:24	5:11	
13	Mon	1:12	5.3	11:55 AM	6.4	6:08	2.7	6:52	-1.0	7:24	5:12	
14	Tue	1:54	5.4	12:50	5.9	7:06	2.5	7:38	-0.6	7:24	5:13	
15	Wed	2:37	5.5	1:51	5.3	8:14	2.2	8:25	0.1	7:24	5:14	
16	Thu	3:23	5.7	3:06	4.7	9:29	1.8	9:17	0.8	7:23	5:15	
17	Fri	4:11	6.0	4:36	4.2	10:47	1.4	10:15	1.5	7:23	5:16	
18	Sat	5:00	6.2	6:14	4.1			12:00	0.8	7:23	5:17	
19	Sun	5:51	6.4	7:41	4.3			1:04	0.2	7:22	5:18	
20	Mon	6:42	6.5	8:49	4.6	12:23	2.5	2:00	-0.3	7:22	5:19	
21	Tue	7:31	6.6	9:44	4.9	1:25	2.8	2:48	-0.6	7:21	5:20	
22	Wed	8:17	6.6	10:31	5.0	2:22	2.9	3:32	-0.8	7:21	5:22	
23	Thu	9:02	6.6	11:12	5.1	3:13	2.9	4:12	-0.9	7:20	5:23	
24	Fri	9:44	6.4	11:50	5.1	3:59	2.9	4:50	-0.8	7:19	5:24	
25	Sat	10:24	6.3			4:43	2.8	5:25	-0.7	7:19	5:25	
26	Sun	12:24	5.1	11:03 AM	6.0	5:24	2.7	5:59	-0.5	7:18	5:26	
27	Mon	12:56	5.1	11:41 AM	5.7	6:05	2.6	6:32	-0.2	7:17	5:27	
28	Tue	1:26	5.0	12:20	5.3	6:48	2.5	7:05	0.2	7:17	5:28	
29	Wed	1:55	5.0	1:03	4.8	7:35	2.4	7:39	0.7	7:16	5:29	
30	Thu	2:27	5.1	1:53	4.3	8:29	2.3	8:15	1.2	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	**3:01**	5.2	**3:00**	3.9	**9:32**	2.1	**8:56**	1.8	7:14	5:32	