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# Ocean Beach, outer coast, CA - May 2022

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | | | 12:46 | 4.6 | 6:04 | -0.5 | 5:45 | 2.2 | 6:13 | 8:00 | |
| 2 | Mon | | | 1:36 | 4.5 | 6:39 | -0.5 | 6:21 | 2.6 | 6:12 | 8:01 | |
| 3 | Tue | 12:08 | 5.8 | 2:27 | 4.4 | 7:16 | -0.5 | 7:00 | 3.0 | 6:11 | 8:02 | |
| 4 | Wed | 12:39 | 5.6 | 3:22 | 4.3 | 7:55 | -0.4 | 7:42 | 3.2 | 6:10 | 8:03 | |
| 5 | Thu | 1:14 | 5.4 | 4:22 | 4.2 | 8:38 | -0.3 | 8:36 | 3.4 | 6:09 | 8:04 | |
| 6 | Fri | 1:57 | 5.1 | 5:25 | 4.2 | 9:28 | -0.1 | 9:49 | 3.5 | 6:08 | 8:05 | |
| 7 | Sat | 2:49 | 4.8 | 6:22 | 4.3 | 10:25 | 0.1 | 11:17 | 3.3 | 6:07 | 8:05 | |
| 8 | Sun | 3:52 | 4.6 | 7:06 | 4.4 | 11:24 | 0.2 | | | 6:06 | 8:06 | |
| 9 | Mon | 5:05 | 4.4 | 7:40 | 4.7 | 12:29 | 3.0 | 12:20 | 0.3 | 6:05 | 8:07 | |
| 10 | Tue | 6:21 | 4.3 | 8:10 | 4.9 | 1:25 | 2.5 | 1:10 | 0.4 | 6:04 | 8:08 | |
| 11 | Wed | 7:32 | 4.3 | 8:38 | 5.2 | 2:11 | 1.9 | 1:54 | 0.5 | 6:03 | 8:09 | |
| 12 | Thu | 8:37 | 4.4 | 9:06 | 5.6 | 2:53 | 1.2 | 2:34 | 0.8 | 6:02 | 8:10 | |
| 13 | Fri | 9:39 | 4.5 | 9:35 | 6.0 | 3:33 | 0.5 | 3:14 | 1.2 | 6:01 | 8:11 | |
| 14 | Sat | 10:38 | 4.7 | 10:07 | 6.3 | 4:13 | -0.3 | 3:54 | 1.6 | 6:00 | 8:12 | |
| 15 | Sun | 11:37 | 4.8 | 10:43 | 6.6 | 4:55 | -0.9 | 4:36 | 2.0 | 5:59 | 8:13 | |
| 16 | Mon | | | 12:35 | 4.8 | 5:40 | -1.4 | 5:20 | 2.4 | 5:58 | 8:13 | |
| 17 | Tue | | | 1:34 | 4.8 | 6:28 | -1.7 | 6:07 | 2.8 | 5:58 | 8:14 | |
| 18 | Wed | 12:06 | 6.7 | 2:34 | 4.8 | 7:18 | -1.7 | 7:01 | 3.0 | 5:57 | 8:15 | |
| 19 | Thu | 12:55 | 6.5 | 3:35 | 4.8 | 8:13 | -1.6 | 8:04 | 3.2 | 5:56 | 8:16 | |
| 20 | Fri | 1:50 | 6.2 | 4:38 | 4.8 | 9:11 | -1.3 | 9:23 | 3.2 | 5:55 | 8:17 | |
| 21 | Sat | 2:54 | 5.7 | 5:38 | 4.9 | 10:13 | -0.9 | 10:53 | 2.9 | 5:55 | 8:18 | |
| 22 | Sun | 4:06 | 5.2 | 6:32 | 5.2 | 11:16 | -0.5 | | | 5:54 | 8:18 | |
| 23 | Mon | 5:26 | 4.7 | 7:18 | 5.4 | 12:17 | 2.4 | 12:15 | -0.1 | 5:53 | 8:19 | |
| 24 | Tue | 6:48 | 4.4 | 7:59 | 5.7 | 1:26 | 1.8 | 1:09 | 0.4 | 5:53 | 8:20 | |
| 25 | Wed | 8:06 | 4.3 | 8:35 | 5.9 | 2:25 | 1.1 | 1:57 | 0.8 | 5:52 | 8:21 | |
| 26 | Thu | 9:15 | 4.3 | 9:07 | 6.0 | 3:14 | 0.5 | 2:41 | 1.3 | 5:52 | 8:22 | |
| 27 | Fri | 10:17 | 4.3 | 9:37 | 6.1 | 3:58 | 0.0 | 3:22 | 1.8 | 5:51 | 8:22 | |
| 28 | Sat | 11:12 | 4.4 | 10:06 | 6.1 | 4:36 | -0.3 | 4:01 | 2.3 | 5:51 | 8:23 | |
| 29 | Sun | | | 12:04 | 4.5 | 5:12 | -0.6 | 4:40 | 2.7 | 5:50 | 8:24 | |
| 30 | Mon | | | 12:52 | 4.5 | 5:46 | -0.7 | 5:19 | 3.0 | 5:50 | 8:24 | |
| 31 | Tue | | | 1:37 | 4.5 | 6:20 | -0.7 | 5:58 | 3.2 | 5:49 | 8:25 | |