US HARBORS www.USHarbors.com

Ocean Beach, outer coast, CA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**6:15**	6.3	**8:03**	4.2			**1:33**	0.3	7:25	5:01	
2	Mon	**6:56**	6.4	**9:09**	4.4	**12:40**	2.6	**2:21**	-0.1	7:25	5:02	
3	Tue	**7:36**	6.4	**10:03**	4.7	**1:34**	3.0	**3:03**	-0.4	7:25	5:03	
4	Wed	**8:14**	6.4	**10:48**	4.8	**2:25**	3.2	**3:41**	-0.6	7:25	5:04	
5	Thu	**8:52**	6.3	**11:28**	4.9	**3:11**	3.3	**4:17**	-0.6	7:25	5:05	
6	Fri	**9:29**	6.3			**3:53**	3.3	**4:51**	-0.6	7:25	5:06	
7	Sat	**12:04**	4.9	**10:05 AM**	6.2	**4:32**	3.3	**5:23**	-0.6	7:25	5:07	
8	Sun	**12:36**	4.8	**10:42 AM**	6.1	**5:10**	3.2	**5:55**	-0.5	7:25	5:07	
9	Mon	**1:07**	4.8	**11:18 AM**	5.8	**5:48**	3.1	**6:27**	-0.4	7:25	5:08	
10	Tue	**1:36**	4.8	**11:56 AM**	5.5	**6:29**	3.0	**6:59**	-0.1	7:25	5:09	
11	Wed	**2:06**	4.9	**12:37**	5.1	**7:16**	2.9	**7:32**	0.2	7:25	5:10	
12	Thu	**2:37**	5.0	**1:24**	4.7	**8:11**	2.7	**8:07**	0.7	7:24	5:11	
13	Fri	**3:10**	5.2	**2:25**	4.2	**9:14**	2.4	**8:45**	1.2	7:24	5:12	
14	Sat	**3:46**	5.4	**3:49**	3.8	**10:23**	2.0	**9:31**	1.8	7:24	5:13	
15	Sun	**4:25**	5.6	**5:37**	3.6	**11:30**	1.3	**10:25**	2.4	7:24	5:14	
16	Mon	**5:08**	5.9	**7:19**	3.8			**12:30**	0.6	7:23	5:15	
17	Tue	**5:56**	6.2	**8:35**	4.2			**1:25**	-0.1	7:23	5:16	
18	Wed	**6:47**	6.6	**9:31**	4.6	**12:36**	3.2	**2:16**	-0.7	7:22	5:18	
19	Thu	**7:39**	6.9	**10:17**	4.9	**1:38**	3.3	**3:05**	-1.3	7:22	5:19	
20	Fri	**8:33**	7.1	**11:00**	5.1	**2:35**	3.2	**3:53**	-1.6	7:21	5:20	
21	Sat	**9:26**	7.3	**11:41**	5.2	**3:30**	3.0	**4:40**	-1.8	7:21	5:21	
22	Sun	**10:19**	7.2			**4:24**	2.7	**5:25**	-1.7	7:20	5:22	
23	Mon	**12:21**	5.4	**11:12 AM**	6.9	**5:19**	2.4	**6:09**	-1.4	7:20	5:23	
24	Tue	**1:00**	5.5	**12:06**	6.4	**6:16**	2.2	**6:52**	-0.9	7:19	5:24	
25	Wed	**1:40**	5.7	**1:03**	5.7	**7:18**	1.9	**7:35**	-0.2	7:19	5:25	
26	Thu	**2:21**	5.8	**2:07**	4.9	**8:25**	1.6	**8:19**	0.6	7:18	5:26	
27	Fri	**3:03**	5.9	**3:25**	4.2	**9:38**	1.4	**9:07**	1.5	7:17	5:27	
28	Sat	**3:48**	6.0	**5:02**	3.9	**10:53**	1.0	**10:04**	2.2	7:16	5:28	
29	Sun	**4:36**	6.0	**6:47**	3.9			**12:05**	0.6	7:16	5:30	
30	Mon	**5:27**	6.0	**8:09**	4.2			**1:07**	0.3	7:15	5:31	

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31	Tue	**6:19**	6.0	**9:07**	4.6	**12:23**	3.2	**2:00**	0.0	7:14	5:32	