












Ocean Beach, outer coast, CA - May 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 8:34 | 4.3 | 9:21 | 5.2 | 3:02 | 1.6 | 2:49 | 0.7 | 6:14 | 8:00 |  |
| 2 | Tue | 9:29 | 4.4 | 9:45 | 5.4 | 3:39 | 1.0 | 3:22 | 1.0 | 6:12 | 8:01 |  |
| 3 | Wed | 10:21 | 4.5 | 10:10 | 5.7 | 4:13 | 0.5 | 3:54 | 1.4 | 6:11 | 8:02 |  |
| 4 | Thu | 11:12 | 4.5 | 10:36 | 5.9 | 4:48 | -0.1 | 4:27 | 1.8 | 6:10 | 8:03 |  |
| 5 | Fri | | | 12:03 | 4.6 | 5:23 | -0.5 | 5:01 | 2.2 | 6:09 | 8:03 |  |
| 6 | Sat | | | 12:56 | 4.6 | 6:02 | -0.9 | 5:38 | 2.5 | 6:08 | 8:04 |  |
| 7 | Sun | | | 1:52 | 4.5 | 6:44 | -1.1 | 6:19 | 2.9 | 6:07 | 8:05 |  |
| 8 | Mon | 12:17 | 6.2 | 2:51 | 4.5 | 7:31 | -1.2 | 7:07 | 3.1 | 6:06 | 8:06 |  |
| 9 | Tue | 1:02 | 6.1 | 3:55 | 4.4 | 8:23 | -1.2 | 8:05 | 3.3 | 6:05 | 8:07 |  |
| 10 | Wed | 1:54 | 5.9 | 5:00 | 4.5 | 9:21 | -1.0 | 9:22 | 3.3 | 6:04 | 8:08 |  |
| 11 | Thu | 2:58 | 5.5 | 6:00 | 4.7 | 10:25 | -0.8 | 10:56 | 3.1 | 6:03 | 8:09 |  |
| 12 | Fri | 4:13 | 5.2 | 6:51 | 4.9 | 11:30 | -0.5 | | | 6:02 | 8:10 |  |
| 13 | Sat | 5:36 | 4.8 | 7:35 | 5.2 | 12:22 | 2.6 | 12:30 | -0.3 | 6:01 | 8:11 |  |
| 14 | Sun | 6:58 | 4.6 | 8:13 | 5.6 | 1:32 | 1.9 | 1:24 | 0.1 | 6:00 | 8:11 |  |
| 15 | Mon | 8:14 | 4.5 | 8:48 | 5.9 | 2:29 | 1.1 | 2:12 | 0.5 | 5:59 | 8:12 |  |
| 16 | Tue | 9:24 | 4.5 | 9:22 | 6.2 | 3:20 | 0.3 | 2:56 | 1.0 | 5:59 | 8:13 |  |
| 17 | Wed | 10:27 | 4.6 | 9:55 | 6.4 | 4:06 | -0.3 | 3:39 | 1.5 | 5:58 | 8:14 |  |
| 18 | Thu | 11:26 | 4.6 | 10:28 | 6.4 | 4:49 | -0.7 | 4:21 | 2.0 | 5:57 | 8:15 |  |
| 19 | Fri | | | 12:22 | 4.7 | 5:30 | -1.0 | 5:04 | 2.5 | 5:56 | 8:16 |  |
| 20 | Sat | | | 1:15 | 4.7 | 6:10 | -1.1 | 5:47 | 2.9 | 5:56 | 8:17 |  |
| 21 | Sun | | | 2:07 | 4.6 | 6:50 | -1.0 | 6:33 | 3.1 | 5:55 | 8:17 |  |
| 22 | Mon | 12:10 | 6.0 | 2:59 | 4.6 | 7:31 | -0.9 | 7:21 | 3.3 | 5:54 | 8:18 |  |
| 23 | Tue | 12:48 | 5.7 | 3:52 | 4.5 | 8:14 | -0.6 | 8:16 | 3.4 | 5:54 | 8:19 |  |
| 24 | Wed | 1:31 | 5.4 | 4:44 | 4.5 | 9:00 | -0.4 | 9:23 | 3.4 | 5:53 | 8:20 |  |
| 25 | Thu | 2:19 | 5.0 | 5:34 | 4.5 | 9:50 | -0.1 | 10:39 | 3.3 | 5:52 | 8:21 |  |
| 26 | Fri | 3:15 | 4.6 | 6:16 | 4.6 | 10:41 | 0.2 | 11:52 | 2.9 | 5:52 | 8:21 |  |
| 27 | Sat | 4:22 | 4.2 | 6:52 | 4.8 | 11:32 | 0.5 | | | 5:51 | 8:22 |  |
| 28 | Sun | 5:37 | 4.0 | 7:22 | 5.0 | 12:54 | 2.5 | 12:20 | 0.8 | 5:51 | 8:23 |  |
| 29 | Mon | 6:55 | 3.8 | 7:50 | 5.3 | 1:45 | 1.9 | 1:05 | 1.1 | 5:50 | 8:24 |  |
| 30 | Tue | 8:09 | 3.8 | 8:18 | 5.6 | 2:29 | 1.3 | 1:46 | 1.5 | 5:50 | 8:24 |  |
| 31 | Wed | 9:16 | 4.0 | 8:47 | 5.9 | 3:08 | 0.6 | 2:26 | 1.9 | 5:50 | 8:25 |  |