US HARBORS www.USHarbors.com

Ocean Beach, outer coast, CA - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:32	4.9	10:46 AM	6.5	4:58	3.2	5:58	-1.2	7:25	5:02	
2	Thu	1:07	5.0	11:31 AM	6.3	5:45	3.1	6:37	-1.0	7:25	5:03	
3	Fri	1:43	5.1	12:19	5.9	6:38	2.8	7:17	-0.7	7:25	5:03	
4	Sat	2:20	5.3	1:15	5.3	7:40	2.6	7:59	-0.1	7:25	5:04	
5	Sun	2:58	5.5	2:22	4.7	8:51	2.2	8:43	0.6	7:25	5:05	
6	Mon	3:39	5.8	3:48	4.1	10:08	1.6	9:33	1.3	7:25	5:06	
7	Tue	4:23	6.1	5:31	3.9	11:24	1.0	10:30	2.1	7:25	5:07	
8	Wed	5:10	6.4	7:12	4.0			12:32	0.3	7:25	5:08	
9	Thu	6:00	6.6	8:31	4.3			1:32	-0.3	7:25	5:09	
10	Fri	6:52	6.8	9:32	4.7	12:41	3.1	2:25	-0.8	7:25	5:10	
11	Sat	7:45	6.9	10:21	5.0	1:45	3.2	3:14	-1.1	7:25	5:11	
12	Sun	8:36	6.9	11:05	5.1	2:44	3.2	3:59	-1.2	7:24	5:12	
13	Mon	9:24	6.8	11:46	5.2	3:37	3.1	4:42	-1.2	7:24	5:13	
14	Tue	10:11	6.6			4:27	3.0	5:22	-1.1	7:24	5:14	
15	Wed	12:23	5.2	10:55 AM	6.3	5:16	2.8	5:59	-0.8	7:23	5:15	
16	Thu	12:59	5.2	11:37 AM	5.9	6:03	2.7	6:34	-0.4	7:23	5:16	
17	Fri	1:32	5.2	12:21	5.4	6:53	2.5	7:08	0.0	7:23	5:17	
18	Sat	2:03	5.2	1:07	4.8	7:45	2.4	7:41	0.6	7:22	5:18	
19	Sun	2:34	5.3	2:00	4.2	8:43	2.2	8:15	1.3	7:22	5:19	
20	Mon	3:06	5.3	3:11	3.7	9:48	1.9	8:53	1.9	7:21	5:20	
21	Tue	3:41	5.4	4:52	3.4	10:56	1.6	9:38	2.6	7:21	5:21	
22	Wed	4:21	5.5	6:56	3.6			12:00	1.2	7:20	5:22	
23	Thu	5:07	5.6	8:20	3.9			12:56	0.7	7:20	5:24	
24	Fri	5:57	5.8	9:10	4.2			1:45	0.3	7:19	5:25	
25	Sat	6:48	6.0	9:47	4.5	1:01	3.5	2:28	-0.1	7:18	5:26	
26	Sun	7:37	6.2	10:20	4.7	1:53	3.5	3:07	-0.5	7:18	5:27	
27	Mon	8:23	6.4	10:50	4.8	2:38	3.3	3:45	-0.9	7:17	5:28	
28	Tue	9:09	6.6	11:21	4.9	3:20	3.1	4:21	-1.1	7:16	5:29	
29	Wed	9:53	6.6	11:51	5.1	4:02	2.8	4:57	-1.2	7:15	5:30	
30	Thu	10:39	6.5			4:47	2.5	5:33	-1.1	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	**12:22**	5.3	**11:27 AM**	6.2	**5:34**	2.1	**6:09**	-0.7	7:14	5:32	●