US HARBORS www.USHarbors.com

Ocean Beach, outer coast, CA - Jun 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:45	5.3	5:18	5.0	9:59	-0.5	10:51	2.7	5:49	8:26	
2	Mon	3:50	4.7	6:05	5.1	10:52	0.0			5:49	8:27	
3	Tue	5:04	4.2	6:46	5.3	12:05	2.3	11:44 AM	0.6	5:48	8:27	
4	Wed	6:27	3.8	7:21	5.5	1:10	1.7	12:32	1.1	5:48	8:28	
5	Thu	7:51	3.7	7:53	5.6	2:05	1.2	1:19	1.6	5:48	8:29	
6	Fri	9:06	3.8	8:22	5.8	2:51	0.6	2:02	2.1	5:48	8:29	
7	Sat	10:09	4.0	8:51	5.9	3:32	0.2	2:44	2.5	5:47	8:30	
8	Sun	11:02	4.2	9:21	6.0	4:08	-0.2	3:24	2.9	5:47	8:30	
9	Mon	11:49	4.3	9:54	6.1	4:43	-0.4	4:03	3.1	5:47	8:31	
10	Tue			12:32	4.4	5:17	-0.6	4:41	3.3	5:47	8:31	
11	Wed			1:12	4.5	5:51	-0.8	5:20	3.4	5:47	8:32	
12	Thu			1:50	4.5	6:27	-0.9	5:59	3.4	5:47	8:32	
13	Fri			2:29	4.6	7:04	-0.9	6:42	3.4	5:47	8:33	
14	Sat	12:24	5.9	3:07	4.6	7:43	-0.9	7:31	3.3	5:47	8:33	
15	Sun	1:08	5.7	3:46	4.7	8:24	-0.8	8:30	3.2	5:47	8:33	
16	Mon	1:57	5.4	4:24	4.9	9:07	-0.6	9:39	2.9	5:47	8:34	
17	Tue	2:55	4.9	5:02	5.2	9:52	-0.2	10:54	2.4	5:47	8:34	
18	Wed	4:08	4.4	5:41	5.5	10:40	0.4			5:47	8:34	
19	Thu	5:36	4.0	6:20	5.9	12:07	1.7	11:31 AM	1.0	5:48	8:35	
20	Fri	7:11	3.9	7:01	6.3	1:12	0.9	12:25	1.7	5:48	8:35	
21	Sat	8:40	4.0	7:44	6.7	2:09	0.1	1:20	2.2	5:48	8:35	
22	Sun	9:56	4.3	8:30	7.0	3:03	-0.6	2:17	2.7	5:48	8:35	
23	Mon	10:59	4.6	9:19	7.1	3:54	-1.2	3:14	3.0	5:49	8:35	
24	Tue	11:54	4.8	10:08	7.1	4:43	-1.5	4:10	3.1	5:49	8:35	
25	Wed			12:44	5.0	5:32	-1.7	5:06	3.1	5:49	8:36	
26	Thu			1:30	5.1	6:19	-1.6	6:02	3.1	5:50	8:36	
27	Fri			2:15	5.1	7:06	-1.4	7:00	3.0	5:50	8:36	
28	Sat	12:39	6.3	2:58	5.2	7:50	-1.1	8:00	2.8	5:50	8:36	
29	Sun	1:29	5.8	3:40	5.2	8:33	-0.6	9:04	2.7	5:51	8:36	
30	Mon	2:21	5.2	4:20	5.3	9:16	-0.1	10:12	2.4	5:51	8:36	