US HARBORS www.USHarbors.com

Ocean Beach, outer coast, CA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**3:19**	4.5	**4:59**	5.4	**9:58**	0.6	**11:22**	2.1	5:52	8:35	
2	Wed	**4:30**	4.0	**5:36**	5.5	**10:42**	1.2			5:52	8:35	
3	Thu	**5:59**	3.6	**6:13**	5.6	**12:28**	1.6	**11:29 AM**	1.9	5:53	8:35	
4	Fri	**7:40**	3.6	**6:50**	5.8	**1:27**	1.2	**12:21**	2.5	5:53	8:35	
5	Sat	**9:07**	3.8	**7:28**	5.9	**2:18**	0.7	**1:16**	2.9	5:54	8:35	
6	Sun	**10:10**	4.1	**8:07**	6.0	**3:03**	0.3	**2:09**	3.2	5:54	8:35	
7	Mon	**10:58**	4.3	**8:48**	6.2	**3:43**	-0.1	**2:58**	3.4	5:55	8:34	
8	Tue	**11:38**	4.5	**9:29**	6.3	**4:21**	-0.3	**3:43**	3.5	5:55	8:34	
9	Wed			**12:13**	4.6	**4:58**	-0.6	**4:24**	3.4	5:56	8:34	
10	Thu			**12:46**	4.7	**5:33**	-0.8	**5:04**	3.4	5:57	8:33	
11	Fri			**1:18**	4.8	**6:08**	-0.9	**5:45**	3.2	5:57	8:33	
12	Sat			**1:50**	4.9	**6:43**	-1.0	**6:29**	3.0	5:58	8:33	
13	Sun	**12:14**	6.2	**2:22**	5.1	**7:19**	-0.9	**7:18**	2.8	5:59	8:32	
14	Mon	**1:00**	5.9	**2:55**	5.3	**7:55**	-0.6	**8:14**	2.5	5:59	8:32	
15	Tue	**1:51**	5.4	**3:29**	5.5	**8:33**	-0.1	**9:17**	2.2	6:00	8:31	
16	Wed	**2:52**	4.8	**4:06**	5.8	**9:14**	0.5	**10:27**	1.7	6:01	8:31	
17	Thu	**4:08**	4.3	**4:47**	6.1	**9:59**	1.3	**11:40**	1.1	6:02	8:30	
18	Fri	**5:43**	3.9	**5:32**	6.4	**10:51**	2.0			6:02	8:29	
19	Sat	**7:28**	3.9	**6:23**	6.6	**12:51**	0.5	**11:52 AM**	2.6	6:03	8:29	
20	Sun	**8:57**	4.2	**7:18**	6.8	**1:55**	-0.1	**1:00**	3.1	6:04	8:28	
21	Mon	**10:03**	4.5	**8:13**	7.0	**2:53**	-0.6	**2:08**	3.3	6:05	8:27	
22	Tue	**10:55**	4.8	**9:08**	7.0	**3:46**	-1.0	**3:11**	3.2	6:05	8:27	
23	Wed	**11:40**	5.0	**10:01**	7.0	**4:35**	-1.2	**4:08**	3.1	6:06	8:26	
24	Thu			**12:22**	5.2	**5:20**	-1.2	**5:01**	2.9	6:07	8:25	
25	Fri			**1:00**	5.2	**6:02**	-1.1	**5:53**	2.7	6:08	8:24	
26	Sat			**1:36**	5.3	**6:42**	-0.8	**6:43**	2.5	6:09	8:24	
27	Sun	**12:25**	6.1	**2:10**	5.4	**7:19**	-0.4	**7:34**	2.3	6:09	8:23	
28	Mon	**1:11**	5.6	**2:43**	5.4	**7:54**	0.1	**8:27**	2.2	6:10	8:22	
29	Tue	**2:00**	5.0	**3:14**	5.5	**8:28**	0.7	**9:24**	2.0	6:11	8:21	
30	Wed	**2:55**	4.5	**3:47**	5.5	**9:04**	1.4	**10:26**	1.8	6:12	8:20	
31	Thu	**4:03**	4.0	**4:22**	5.6	**9:42**	2.0	**11:32**	1.5	6:13	8:19	