











Ocean Beach, outer coast, CA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:19	4.5	4:59	5.4	9:58	0.6	11:22	2.1	5:52	8:35	
2	Wed	4:30	4.0	5:36	5.5	10:42	1.2			5:52	8:35	
3	Thu	5:59	3.6	6:13	5.6	12:28	1.6	11:29 AM	1.9	5:53	8:35	
4	Fri	7:40	3.6	6:50	5.8	1:27	1.2	12:21	2.5	5:53	8:35	
5	Sat	9:07	3.8	7:28	5.9	2:18	0.7	1:16	2.9	5:54	8:35	
6	Sun	10:10	4.1	8:07	6.0	3:03	0.3	2:09	3.2	5:54	8:35	
7	Mon	10:58	4.3	8:48	6.2	3:43	-0.1	2:58	3.4	5:55	8:34	
8	Tue	11:38	4.5	9:29	6.3	4:21	-0.3	3:43	3.5	5:55	8:34	
9	Wed			12:13	4.6	4:58	-0.6	4:24	3.4	5:56	8:34	
10	Thu			12:46	4.7	5:33	-0.8	5:04	3.4	5:57	8:33	
11	Fri			1:18	4.8	6:08	-0.9	5:45	3.2	5:57	8:33	
12	Sat			1:50	4.9	6:43	-1.0	6:29	3.0	5:58	8:33	
13	Sun	12:14	6.2	2:22	5.1	7:19	-0.9	7:18	2.8	5:59	8:32	
14	Mon	1:00	5.9	2:55	5.3	7:55	-0.6	8:14	2.5	5:59	8:32	
15	Tue	1:51	5.4	3:29	5.5	8:33	-0.1	9:17	2.2	6:00	8:31	
16	Wed	2:52	4.8	4:06	5.8	9:14	0.5	10:27	1.7	6:01	8:31	
17	Thu	4:08	4.3	4:47	6.1	9:59	1.3	11:40	1.1	6:02	8:30	
18	Fri	5:43	3.9	5:32	6.4	10:51	2.0			6:02	8:29	
19	Sat	7:28	3.9	6:23	6.6	12:51	0.5	11:52 AM	2.6	6:03	8:29	
20	Sun	8:57	4.2	7:18	6.8	1:55	-0.1	1:00	3.1	6:04	8:28	
21	Mon	10:03	4.5	8:13	7.0	2:53	-0.6	2:08	3.3	6:05	8:27	
22	Tue	10:55	4.8	9:08	7.0	3:46	-1.0	3:11	3.2	6:05	8:27	
23	Wed	11:40	5.0	10:01	7.0	4:35	-1.2	4:08	3.1	6:06	8:26	
24	Thu			12:22	5.2	5:20	-1.2	5:01	2.9	6:07	8:25	
25	Fri			1:00	5.2	6:02	-1.1	5:53	2.7	6:08	8:24	
26	Sat			1:36	5.3	6:42	-0.8	6:43	2.5	6:09	8:24	
27	Sun	12:25	6.1	2:10	5.4	7:19	-0.4	7:34	2.3	6:09	8:23	
28	Mon	1:11	5.6	2:43	5.4	7:54	0.1	8:27	2.2	6:10	8:22	
29	Tue	2:00	5.0	3:14	5.5	8:28	0.7	9:24	2.0	6:11	8:21	
30	Wed	2:55	4.5	3:47	5.5	9:04	1.4	10:26	1.8	6:12	8:20	
31	Thu	4:03	4.0	4:22	5.6	9:42	2.0	11:32	1.5	6:13	8:19	