

















Ocean Beach, outer coast, CA - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:37	3.7	5:02	5.6	10:28	2.7			6:14	8:18	
2	Sat	7:35	3.7	5:49	5.7	12:37	1.2	11:30 AM	3.2	6:14	8:17	
3	Sun	9:03	4.0	6:40	5.8	1:37	0.9	12:44	3.5	6:15	8:16	
4	Mon	9:55	4.3	7:33	6.0	2:29	0.5	1:50	3.6	6:16	8:15	
5	Tue	10:33	4.5	8:22	6.2	3:14	0.2	2:43	3.5	6:17	8:14	
6	Wed	11:05	4.7	9:09	6.3	3:55	-0.2	3:27	3.4	6:18	8:13	
7	Thu	11:34	4.8	9:54	6.5	4:31	-0.4	4:07	3.2	6:19	8:12	
8	Fri			12:03	4.9	5:06	-0.6	4:47	2.9	6:20	8:11	
9	Sat			12:31	5.1	5:40	-0.7	5:29	2.6	6:20	8:10	
10	Sun			1:00	5.3	6:14	-0.6	6:13	2.2	6:21	8:08	
11	Mon	12:08	6.2	1:30	5.5	6:48	-0.3	7:02	1.9	6:22	8:07	
12	Tue	12:57	5.8	2:01	5.8	7:23	0.1	7:55	1.5	6:23	8:06	
13	Wed	1:53	5.3	2:35	6.1	8:00	0.8	8:54	1.2	6:24	8:05	
14	Thu	2:59	4.7	3:14	6.3	8:40	1.5	10:01	0.9	6:25	8:03	
15	Fri	4:22	4.2	4:00	6.4	9:27	2.3	11:16	0.6	6:26	8:02	
16	Sat	6:04	4.0	4:55	6.4	10:27	2.9			6:27	8:01	
17	Sun	7:45	4.2	5:59	6.5	12:32	0.2	11:45 AM	3.3	6:27	8:00	
18	Mon	8:58	4.6	7:05	6.6	1:43	-0.1	1:08	3.4	6:28	7:58	
19	Tue	9:51	4.9	8:08	6.6	2:43	-0.4	2:18	3.3	6:29	7:57	
20	Wed	10:33	5.1	9:06	6.7	3:35	-0.6	3:17	3.0	6:30	7:56	
21	Thu	11:11	5.2	9:57	6.6	4:20	-0.7	4:08	2.6	6:31	7:54	
22	Fri	11:46	5.3	10:45	6.4	5:00	-0.6	4:55	2.3	6:32	7:53	
23	Sat			12:18	5.4	5:36	-0.4	5:40	2.0	6:33	7:52	
24	Sun			12:47	5.5	6:09	0.0	6:23	1.8	6:33	7:50	
25	Mon	12:15	5.7	1:14	5.5	6:40	0.4	7:05	1.6	6:34	7:49	
26	Tue	12:59	5.3	1:40	5.6	7:11	1.0	7:49	1.5	6:35	7:47	
27	Wed	1:47	4.8	2:06	5.6	7:41	1.6	8:35	1.4	6:36	7:46	
28	Thu	2:41	4.4	2:35	5.6	8:13	2.2	9:27	1.3	6:37	7:44	
29	Fri	3:49	4.0	3:10	5.5	8:48	2.8	10:27	1.3	6:38	7:43	
30	Sat	5:25	3.9	3:55	5.5	9:35	3.3	11:37	1.2	6:38	7:42	
31	Sun	7:26	4.0	4:52	5.5	10:54	3.6			6:39	7:40	